

### **HSS Three-Year Community Service Plan**

**Advancing the Public Health Priorities of New York State** 2019–2021

**Priority: Preventing chronic disease** 

Focus: Healthy eating and food security, and chronic disease preventive care and management



# Super Nutrition Education for All Kids to Eat Right (SNEAKER®)

An interactive nutrition education program designed to provide children and families with essential knowledge about healthy eating and physical activity.



#### Asian Bone Community Health Initiative

A community-based program to help Asian seniors better manage their chronic musculoskeletal conditions while also increasing access to care in medically underserved communities.



### Charla de Lupus (Lupus Chat)®

A free national peer health education and support program that specifically seeks to reach Latinos/Hispanics and African-American communities with lupus to increase overall knowledge of Systemic Lupus Erythematosus (SLE) including diagnosis, treatment and self-management skills, with a focus on culturally diverse people with lupus and their loved ones.



## **Inflammatory Arthritis Support** and **Education Programs**

A support and education program to provide disease- specific education and psychosocial support to people with longstanding and newly diagnosed rheumatoid arthritis (RA), ankylosing spondylitis (AS), psoriatic arthritis (PsA) and gout to enhance disease selfmanagement and coping strategies.



#### LANtern® (Lupus Asian Network)

A free national bilingual peer support and education program dedicated to serving Asian Americans with lupus and their families.



### Musculoskeletal Health Wellness Initiative

A hospital-based program to raise awareness, educate and reduce the impact of musculoskeletal conditions in the community.



### Nursing Community Education Outreach Program

A community-based program to deliver evidence-based educational content germane to issues appropriate for older adults.



### Pain and Stress Management Program

A hospital-based program to educate patients in complementary and alternative self-management strategies for coping with their chronic conditions.



#### **Pediatric Outreach Program (POP)**

A community-based screening and education program to detect and treat sports related injuries well before they can lead to orthopedic disorders and provide education to reduce the risk of sports-related injuries in young athletes.



### **VOICES60+ Senior Advocacy Program**

An advocacy program to help low income, culturally diverse (primarily Hispanic) HSS patients 60 years of age and older, with arthritis and related chronic illnesses, with accessing services and support to improve quality of life.