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TRAILBLAZING WOMEN IN SPORTS MEDICINE

Breaking barriers and advancing the field



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Trailblazing Women in Sports Medicine: Breaking barriers and advancing the field

HSS Alumni Association
Receptions at AAOS
and AAHKS

Welcome
Class of 2024 Alumni



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From the Office of Alumni Affairs Carrying the Torch

Message from Jose A. Rodriguez, MD

Director, Alumni Affairs
Resident 1994

HSS Alumni Association Leadership

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David Markel, MD

The Summer Olympic Games in Paris recently concluded. The tradition of the torch relay, passing the flame from person to person, involved over 10,000 people carrying the torch along a 3,100-mile route through France. The torch relay symbolizes the spirit of the Olympic Games, which is a parallel to the pursuit of excellence in our daily lives, as we strive to bring our best to our patients, colleagues, trainees, and loved ones.

This issue celebrates another journey in sports, highlighting the impact of our alumnae in the field of sports medicine. The lead story covers several trailblazing women in sports medicine and showcases the growth of the HSS Women's Sports Medicine Center (WSMC). Our female alumni are revolutionizing sports medicine, positively impacting the field and enhancing the care of all athletes, with a focus on female athletes. The WSMC serves as a pioneering care, education, and research model, and many of our alumni are implementing this concept in their own institutions. We also remember the alumni we have recently lost and honor their significant contributions to our field. We will carry their torch into the future.

We warmly welcome our newest Alumni to the Association, the graduating classes of 2024. Wishing you well in your pursuits of the coming year.

Hope that many of you can return home for our 106th Annual Alumni Association Meeting on November 1st; we have an inspiring academic meeting in store, capped by our annual cocktail reception at the unique venue of The Explorers Club. We look forward to seeing you there.

Remember this? Two treasured traditions at HSS are still going strong. Residents and HSS Faculty participated in the Annual Skate Night in January and Golf and Tennis Day in April.



Residents Alex Anatone, MD, Blake Meza, MD, Hailey Huddleston, MD, and Ryann Davie, MD, enjoyed the annual Skate Night at Wollman Rink in Central Park.



On the links at Westchester Country Club for the Annual Golf and Tennis Day, hosted by Surgeon-in-Chief Douglas E. Padgett, MD.

Save the Date!

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ANNUAL ALUMNI ASSOCIATION MEETING

Friday, November 1, 2024
7:00 am–5:15 pm ET

Onsite at HSS and via Livestream



Scan QR code or visit bit.ly/alumni106 for more information and to register. Email alumni@hss.edu with any questions.

Agenda Highlights

- Presidential Address from Matthew M. Roberts, MD
- Symposia: Current State of Biologics and The Business of Orthopaedics: 2024 and Beyond
- Concurrent Breakout Sessions in 10 Specialties
- Class Reunion Presentations from Residency Classes of 1984, 1994, 2004, and 2014
- Distinguished Awards and Lectures
- The Coley Historical Society Presentation

Join us after the scientific meeting!

HSS Alumni Association Cocktail Reception

The Explorers Club

46 East 70th Street, New York City | 6:00–8:00 pm



Walter B. Beaver, MD (left), and Douglas E. Padgett, MD (right) presented W. Hodges Davis, MD, (center) with an award for his role as Surgeon-in-Chief Pro-Tempore at the 105th Annual Alumni Association Meeting.

Join us **onsite in NYC!**
Tune in **via livestream** if
you can't join us in person.



Surgeon-in-Chief Pro-Tempore

Scott D. Boden, MD

Professor and Chair
Director, Emory Orthopaedics
& Spine Center
Emory Healthcare
Atlanta, Georgia



Physician-in-Chief Pro-Tempore

Daniel Kastner, MD, PhD

NIH Distinguished Investigator
Medical Genetics Branch
National Human Genome
Research Institute
Bethesda, Maryland



Chief Scientist Pro-Tempore

Matthew B. Greenblatt, MD, PhD

Associate Attending Pathologist
NewYork-Presbyterian Hospital
Associate Professor of Pathology
and Laboratory Medicine
Weill Cornell Medicine



Alumni Association 2024 President

Matthew M. Roberts, MD

Chief Emeritus of the Foot and
Ankle Service
Associate Attending
Orthopaedic Surgeon
Hospital for Special Surgery



Distinguished Alumnus 2024

Russell F. Warren, MD

Attending Orthopaedic
Surgeon
Surgeon-in-Chief Emeritus
Hospital for Special Surgery



Pier Giorgio Marchetti Award 2024

**Dermot O'Farrell, MCh,
FRCSI, FRCSOrth**

Consultant Orthopaedic Surgeon
Croom Orthopaedic Hospital and
University Hospital Limerick
Professor at the Graduate Entry
Medical School in the University
of Limerick
Limerick, Ireland

Trailblazing Women in Sports Medicine

They came from basketball, lacrosse, and rowing. Softball, gymnastics, soccer, and track. Some of them always knew they wanted a career in sports medicine. Others followed the opportunities where they arose, ultimately choosing a field that has brought them tremendous professional and personal satisfaction. They have gone on to become physicians for professional sports teams, leaders in professional societies, specialists in the care of female athletes, researchers exploring gender inequities in orthopaedic care, and educators of the sports medicine professionals of the future. They are Hospital for Special Surgery's pioneering women of sports medicine, and they are transforming lives.



From left: HSS Women's Sports Medicine Center team members Marci Goolsby, MD, Daphne Scott, MD, Polly de Mille, RN, MA, RCEP, CSCS, USAT, Karen Sutton, MD, Brittany Ammerman, MD (PGY-3 Resident), and Theresa Chaia, PT, DPT, collaborate to meet the needs of female athletes.

The First Center of Its Kind

HSS has a world-renowned reputation in sports medicine, one that expanded with the establishment of the Women's Sports Medicine Center in 1997 — the first of its kind. Today, the center offers comprehensive multidisciplinary care from orthopaedic surgery, primary care sports medicine, physiatry, physical therapy, nutrition, sports psychology, and performance to female athletes at all stages of life and with all abilities — from recreational to elite sports — in one location. Fellows, residents, and medical students rotating through the center learn about the range of issues that female athletes face and how to care for them. Some of the center's patients have gone on to pursue careers in medicine themselves.

When the Women's Sports Medicine Center began, not everyone at HSS understood why it was needed. "Some of them thought it was a marketing thing. They all took care of female athletes and didn't understand why we needed to do something different," explained

orthopaedic surgeon **Jo A. Hannafin, MD, PhD** (Fellow 1991 and 1992), who co-founded the center with **Lisa R. Callahan, MD**, a primary sports medicine physician. "But women were asking for something like this."

"Some of our colleagues questioned it and were asking, 'Are you saying we can't take care of women?'" added Dr. Callahan. "But that wasn't it at all. Male providers can take care of female patients just as female providers can take care of male patients. But if you have an interest in your patient's problem or you're more of an expert in their problem, you can bring different options to the table. As people got educated about some of the specific challenges that female athletes faced, they started to recognize the value of having this center."

Key to the center's approach is the understanding that a sports injury is about more than a torn ACL or injured rotator cuff. For many athletes, especially those in high school or college sports,



Ashley V. Austin, MD
HSS Faculty



Lisa R. Callahan, MD
HSS Faculty



Michelle G. Carlson, MD
Resident 1992, Fellow 1993
HSS Faculty



Ellen Casey, MD
HSS Faculty



Leigh Ann Curl, MD
Fellow 1995



Molly A. Day, MD
Fellow 2021

being part of a team or engaging in a sport is a vital component of their identity. Female athletes are also less likely than their male counterparts to fully return to their sport after an injury. So when an injury sidelines them, their entire lifestyle changes. “Their lives are linked to that sport and to their teammates. Psychological problems, such as depression and anxiety, can happen as a result of not being a part of their sport during their recovery period,” explained Dr. Hannafin. “Addressing these issues is an important part of getting athletes back to their sports, particularly for female patients. That’s why we have a sports psychologist on our team.”

Several HSS alumni who trained in the center are leading similar programs elsewhere. “Exposure to the HSS Women’s Sports Medicine Center gave me a glimpse of what was possible in developing a new program for a specific patient population. It inspired me and gave me the confidence to build and work toward something that didn’t exist in mainstream medicine,” said **Miho J. Tanaka, MD, PhD** (Fellow 2012), who directs the Massachusetts General Women’s Sports Medicine Program.

“At HSS, I was able to see so many successful sports medicine surgeons, each with their own approach to patient care and practice,” added **Andrea M. Spiker, MD** (Fellow 2016 and 2017), Team Physician for the University of Wisconsin (UW) Badger Athletics and Director of the UW Hip Preservation Program. “I learned how to think critically, stay humble, put our patients first, and keep learning.”

Since 2022, the HSS Women’s Sports Medicine Center has been co-directed by **Marci A. Goolsby, MD**, and **Beth E. Shubin Stein, MD** (Fellow 2002). “Our goal is to be the premier women’s sports medicine center, exemplifying the highest standards and quality of patient care while serving as a model for research, leadership, mentorship, and education,” said Dr. Goolsby. “We are working to honor the legacy Dr. Hannafin and Dr. Callahan created through further advancement of the center’s research, outreach, and educational opportunities.”

“We want to bring information to as many people as we can about the resources we offer to treat female athletes, because one of the biggest issues is lack of information. If somebody doesn’t know we’re here, they’re not going to find us,” added Dr. Shubin Stein. “We’ve started an outreach campaign to connect online and in-person with all communities, but specifically underserved and marginalized communities that don’t necessarily know that care is available to them. That’s a major part of our mission.”

Taking It to the Big Leagues

The list of female HSS sports medicine faculty and alumni who are or have served as physicians for collegiate and professional teams is an impressive roster. **Leigh Ann Curl, MD** (Fellow 1995), who played basketball for the University of Connecticut as an undergraduate, was the first female team orthopaedic surgeon in the National Football League and has served as head orthopaedic surgeon for the Baltimore Ravens since 1998. Watch a Ravens game and you are likely to see her on the sidelines.

“There were a lot of heads turned because it was not a normal thing to have a female physician on the field. But I grew up playing with boys. And my mentors in sports medicine were male,” she said. “Now I don’t even notice it because I’ve been doing it so long.” She is also an assistant team physician for the Baltimore Orioles and has served as a team physician for the University of Maryland Terrapins, the New York Mets, USA Women’s Basketball, USA Women’s Rugby, and Johns Hopkins University and St. John’s University athletics. Dr. Curl is now Chief of Orthopaedics at MedStar Harbor Hospital in Baltimore.

Kat McElheny, MD (Fellow 2018), who now practices in Vermont, served as a team physician for the New York Mets during the pandemic. “I was their infection control prevention coordinator and compliance officer, and as such, was responsible for oversight of all COVID-related issues and protocols during the 2020 season organization wide. I have never worked harder — as was the case for all medical personnel amidst this time — but while challenging, it was an unparalleled experience to be part of something so important and unknown. Baseball, and the energy that came from the ability to watch live sports from home, was very meaningful to this country during a difficult time.”

[\(continued on page 8\)](#)



Listen to the HSS Presents podcast.

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Women in Medicine Series: Pioneering the Women’s Sports Medicine Center

with Lisa R. Callahan, MD, Theresa Chaia,
PT, DPT, and Jo A. Hannafin, MD, PhD



**Elizabeth R. Dennis,
MD, MS**
Fellow 2021



Claire D. Eliasberg MD
Resident 2022, Fellow 2023
HSS Faculty



Marci A. Goolsby, MD
HSS Faculty



Jo A. Hannafin, MD, PhD
Fellow 1991 & 1992
HSS Faculty



A. Holly Johnson, MD
Resident 2006, Fellow 2007
HSS Faculty



Michelle E. Kew, MD
Fellow 2022
HSS Faculty

Trailblazing Women in Sports Medicine (continued)

Other HSS faculty and alumni who have served in leadership roles for elite and professional teams include:

- **Dr. Hannafin** (Fellow 1991 & 1992, HSS Faculty), who rowed at the national and international level, was a team physician for the U.S. Rowing Team and Olympic Rowing, the New York Mets, and the former WUSA New York Power women's soccer team. She and Dr. Callahan were team physicians for the New York Liberty for 15 years.
- **Dr. Callahan** (HSS Faculty) was the first female head team physician in the National Basketball Association and was Chief Medical Officer and Senior Vice President of Player Care at Madison Square Garden Sports, where she oversaw the care of professional teams including the New York Knicks, New York Rangers, New York Liberty, Westchester Knicks, and Hartford Wolf Pack. She was also a team physician for the men's and women's Olympic basketball teams, serving as the first female team physician for the men's team. Dr. Callahan was also a team physician for the New York Power, the New York Giants, and Olympic Gymnastics.
- **Michelle G. Carlson, MD** (Resident 1992, Fellow 1993, HSS Faculty) is the official second opinion physician in hand care for the NBA as well as consultant hand surgeon for several professional sports teams, including the New York Knicks, Brooklyn Nets, and New York Mets.
- **Dr. Goolsby** (HSS Faculty) has served as a physician at the Olympic Games with USA Biathlon and the US Olympic and Paralympic Committee, and was past team physician for the WNBA New York Liberty. She is currently the inaugural Director of Sports Medicine for the WNBA.
- **Dr. Shubin Stein** (Fellow 2002, HSS Faculty) was a former team physician for the U.S. Federation Cup tennis team and was assistant team physician for the New York Power.
- **Dr. Tanaka** (Fellow 2012) is the head team physician and medical director for the New England Revolution (MLS) and a team physician for the Boston Red Sox, Boston Glory ultimate frisbee team, and the Boston Ballet.
- **Dr. Spiker** (Fellow 2016 & 2017) and **Molly A. Day, MD** (Fellow 2021), are team physicians for University of Wisconsin Badger athletics.
- **Ellen Casey, MD** (HSS Faculty) is a former collegiate gymnast who is the USA Gymnastics Women's National Team Physician. She accompanied the team to the Paris Olympics this summer.
- **Daphne A. Scott, MD** (HSS Faculty) is the lead team physician for the New York Knicks and past team physician for USA Track and Field. She is also Head Consulting Orthopaedic Physician for the Ultimate Fighting Championship.
- **Gabriella E. Ode, MD** (Fellow 2019, HSS Faculty), **Ashley V. Austin, MD** (HSS Faculty), and **A. Holly Johnson, MD** (Resident 2006, Fellow 2007, HSS Faculty) are team physicians for the New York Liberty. Dr. Johnson is also Assistant Team Physician for the New York Rangers.
- **Karen M. Sutton, MD** (HSS Faculty), a former Division 1 lacrosse player for Duke University, previously served as Chief Medical Officer for World Lacrosse and is now Head Team Physician for USA Lacrosse. She is also team physician for U.S. Ski & Snowboard.
- **Vonda Wright, MD** (Fellow 2006), specializes in aging and sports and serves Division 1 football and Olympic athletes of Georgia State University, the University of Pittsburgh, the Pens Elite developmental hockey teams, World Rugby 7's and 10's, and Olympic Track and Field. She is also involved with elite masters athletes, players of the PGA tour championship and US Open, and dancers of the Atlanta and Pittsburgh ballet companies.
- **Elizabeth R. Dennis, MD, MS** (Fellow 2021), is a physician for the U.S. Open. She was a Division 1 collegiate softball player at College of the Holy Cross.
- **Laura Moore, MD, PhD** (Fellow 2023, HSS Faculty), is an associate team physician for the New York Mets, St. Lucie Mets, and Brooklyn Cyclones.
- **Jaclyn McKenna, MD** (HSS Faculty), is head team physician for the Westchester Knicks.
- **Samantha J. Stueck, MD** (HSS Faculty), is team physician for U.S. Biathlon.

Stepping into National Leadership

Many female sports medicine surgeons and physicians who have practiced or trained at HSS have served in leadership positions of national orthopaedic and sports medicine organizations, often inspired by their HSS mentors. Dr. Hannafin, who was the first (and only) female President of the American Orthopaedic Society for Sports Medicine (AOSSM) from 2013 to 2014 and was inducted into the AOSSM Hall of Fame, makes a point of distinguishing between mentors and sponsors who help move your career forward.

"Mentors provide advice and guidance, while sponsors open doors," she explained. Renowned HSS sports medicine surgeon



Moira M. McCarthy, MD
Resident 2013, Fellow 2014
HSS Faculty



Kat McElheny, MD
Fellow 2018
Former HSS Faculty



Jaclyn McKenna, MD
HSS Faculty



Laura Moore, MD, PhD
Fellow 2023
HSS Faculty



Gabriella E. Ode, MD
Fellow 2019
HSS Faculty



Daphne A. Scott, MD
HSS Faculty



From left: Elizabeth R. Dennis, MD, MS, Jo A. Hannafin, MD, PhD, Gabriella E. Ode, MD, and Bonnie Gregory, MD, at the AOSSM-AANA annual meeting in 2021.

Russell F. Warren, MD, served both roles for her as well as many other sports medicine trainees at HSS. “Russ Warren sponsored us in starting the Women’s Sports Medicine Center by helping facilitate the creation of a formal space. He also opened doors for me at the AOSSM,” she added. “I believe in giving back and opening doors for other women, whether it’s a high school student who wants to rotate through the office for a week when she’s on a school break or colleagues who need letters of recommendation.”

In addition, Dr. Goolsby just finished a term as President of the American Medical Society for Sports Medicine (AMSSM). Dr. Shubin Stein is leading the publishing group of the AOSSM to promote the dissemination of reputable sports medicine information to healthcare professionals and the public. Dr. Sutton served on the American Academy of Orthopaedic Surgeons (AAOS) Board of Directors, AOSSM Research Committee, and American Shoulder and Elbow Surgeons Research Committee. HSS sports medicine surgeon **Sabrina M. Strickland, MD** (Resident 2001, Fellow 2002), serves on the Education and Surgical Skills Committees of the Arthroscopy Association of North America (AANA). Dr. Tanaka is on the AOSSM Board of Directors. Dr. Day and Dr. Dennis were accepted into the inaugural Boosting Orthopaedic Leadership Development (BOLD) Program with the AOSSM.

Others have led professional medical sports organizations. Dr. Callahan was a two-term President of the NBA Team Physicians

Association and Dr. Curl served as President of the NFL Physicians Society. Dr. Ode was an American Orthopaedic Association North American Traveling Fellow in 2022 — an honor considered a stepping stone to national leadership in the field. Fellows travel to 10 orthopaedic departments in one month, meeting with their chairs, giving lectures, and exchanging ideas related to leadership in orthopaedics. “Leadership can be different across different institutions. It was really a remarkable look behind the curtain and a life-changing experience,” she asserted.

Closing the Gender Gap

Women have had opportunities to participate in more sports thanks to Title IX, but along with that comes an increase in injuries that are not always treated equitably. Dr. Ode noted that female athletes have been offered surgery at lower rates than males with the same injuries or later in the course of their condition, leading to worse outcomes. There has also been discordance in the way female and male surgeons communicate with female patients, with females who display emotions often being perceived as histrionic and possibly considered unable to tolerate a major surgery. A Canadian study showed that outcomes for female patients having surgery were worse if the surgeon was male versus female (*JAMA Surg.* 2022;157:146-156).

There may also be differences in the way females and males with pain are perceived by their healthcare providers: one study showed that among patients with chronic shoulder pain, men were more likely to receive analgesics while women were more likely to be prescribed psychotherapy. “This perpetuates the stereotype that women are irrational and hysterical and that their concerns are not valid,” said Dr. Ode. “Ultimately that can breed mistrust in athletes because they feel like doctors are not understanding their concerns. Our goal is to get them back in the game.”

Programs like the Women’s Sports Medicine Center can help close the gaps in outcomes between women and men. “Providing optimal care for female athletes requires a multidisciplinary approach — not just to treat their orthopaedic injuries, but also to address their nutritional, endocrine, metabolic, and psychological needs,” said Dr. Dennis. “Gender-specific outcomes research will provide data to understand how to better care for all of our athletes. We know there are inherent differences in the physiology and anatomy of men and women that can affect not only their injury patterns, but their optimal surgical treatment and subsequent outcomes.”

[\(continued on page 10\)](#)



Beth E. Shubin Stein, MD
Fellow 2002
HSS Faculty



Andrea M. Spiker, MD
Fellow 2016 and 2017



Sabrina M. Strickland, MD
Resident 2001, Fellow 2002
HSS Faculty



Karen M. Sutton, MD
HSS Faculty



Miho J. Tanaka, MD, PhD
Fellow 2012



Vonda Wright, MD
Fellow 2006

There has been a huge increase in ACL injuries among young athletes — partly due to sports specialization and playing one sport year-round, but also due to anatomical differences between men and women. The interface between cleats and turf surfaces may also be playing a role in ACL injuries. “One thing we’re studying at HSS is the cleat-surface interface to see if a mismatch between footwear and turf increases the risk of an ACL injury,” explained Dr. Sutton. “There are different turf fields and different types of turf filler. It can be very difficult to pick the right shoe.”

One of the biggest reasons female athletes do not return to the field confidently after an ACL injury is because mentally, they’re worried about another ACL injury. That’s where the sports psychology offered by a women’s sports medicine center can help. “Depression, burnout, anxiety, and disordered eating are all common in female athletes, which may not only increase an athlete’s risk of injury but also interfere with their recovery following an injury. All sports medicine physicians need to be aware of the unique needs of female athletes and screen for emotional distress,” said Dr. Day.

A Commitment to Research

The women of sports medicine who have worked or trained at HSS are committed to improving outcomes for all athletes through their research. Dr. Shubin Stein received a large grant from the AOSSM to lead a multicenter study on patellofemoral instability. The work of Dr. Dennis will also contribute to this study. Dr. Goolsby’s research focuses on bone health in athletes and the female athlete triad. Dr. Hannafin maintained an active research program in ligament physiology for over 20 years and remains a collaborator and mentor.



Orthopaedic surgeon Vonda Wright, MD, has conducted pioneering research on the effects of aging on musculoskeletal health and has an extensive social media following.

Dr. Casey has published research related to the return to sport after pregnancy. “One of the most common concerns from female athletes is how to perform best throughout the different stages of their lifespan and the effects of changing hormones due to puberty, pregnancy, and menopause,” she noted. She has published research on the effects of pregnancy on mental health, bone density, cardiovascular health, the pelvic floor, and the abdominal wall — including diastasis rectus abdominis (a widening between the rectus abdominis muscles and thinning of the linea alba that can happen during pregnancy).

Dr. Wright has reported research for 20 years on the effects of aging on musculoskeletal health. By studying more than 3,000 masters-level athletes participating in the National Senior Games, she and her co-investigators reported early on that sports performance could serve as a biomarker of aging. “Aging is not an excuse for abandoning mobility. If we are chronically active, it will save us from the ravages of chronic disease,” she stated. The dramatic reduction in estrogen that accompanies menopause causes profound changes in the musculoskeletal system — what she has termed “musculoskeletal syndrome of menopause” — that can result in arthralgia that can be debilitating for one in four women who experience it. Yet often their doctors tell them they are just getting older and should live with it. “I feel like there’s an opportunity for women in orthopaedics to step up and claim this area, because there’s a lack of knowledge,” Dr. Wright contended. “Saving mobility means saving lives.”

Dr. Sutton received a grant to study female versus male knee ligament injuries related to lacrosse cleat-surface interface, which was presented to the International Olympic Committee. She is also comparing injuries between female and male elite and Olympic skiers.

Dr. Strickland is researching ways to replace cartilage more successfully and develop better techniques to treat patellar tracking problems and instability.

Dr. Spiker conducts research, serves as Associate Editor for the *American Journal of Sports Medicine*, and mentors medical students, residents, and fellows who are conducting research. “Just as there are fewer female surgeons than male surgeons in orthopaedic sports medicine, there are also fewer female surgeons and physicians performing research and acting on editorial boards,” she contended. “I feel an obligation to give my time, effort, and dedication to advance research and take trainees through the challenges we encounter in research so they can navigate bumps in the road when they’re on their own.”

Educating Future Sports Medicine Physicians and Surgeons

Female sports medicine specialists at HSS also dedicate time to educating students of all ages, both female and male, who are interested in future careers in the field. Dr. Scott helps lead an 8-week summer program for undergraduate students who are

underrepresented in medicine and interested in orthopaedic surgery. They shadow HSS physicians and surgeons in their offices and operating rooms, attend lectures, go to different sporting events with team physicians, and receive guidance about resume building and interview skills. "Orthopaedic surgery is one of the least diverse fields," said Dr. Scott. "We stay in contact with these students for years, writing letters of recommendation and providing mentorship to help them get into medical school so they can continue on their path."

Several opportunities exist for students interested in women's sports medicine. The Ludwig Fellowship for Women's Sports Medicine Research is a 12-month clinical research fellowship that provides funding for an individual interested in medical and orthopaedic issues in women's sports medicine. In addition, with funding donated by Heartfelt Wings Foundation, the Women's Sports Medicine Center sponsors three female students in the following eight-week internships:

- A sports medicine internship for medical students who completed their first year of medical school.
- An internship addressing sports physical therapy, performance, and nutrition for a student who finished their junior year of college.
- A sports medicine internship for a pre-med student who completed their third year of college.

"What's astonishing is the number of young women who've gone through this program, became physical therapists and physicians, and started their own women's sports medicine centers," said Dr. Hannafin. "I took care of Dr. Kristin Hopkins when she was a collegiate field hockey athlete. She went on to do the summer internship, went to medical school, completed an orthopaedic surgery residency, and is now the director of the women's sports medicine center at Stony Brook University on Long Island."

One Word of Advice: Listen

Athletes of all ages today endure challenges off the field that can add to the stress they are feeling, affecting their risk of injury and their recovery after injury. Social media is a huge pressure for middle school and high school athletes in particular. "People tend to exaggerate what they're doing on social media. Other female athletes may see that and not just compete with themselves, but with the unrealistic goals of others," explained Dr. Sutton.

That's where being part of a sports team can be beneficial. "Girls are bombarded with images on social media that can make them feel like they're not like everyone else. Sports is a proving ground and a place where girls can connect on a different level," said Dr. Callahan. "I don't think I'd be where I am today without my background in sports."

Most of the women in sports medicine from HSS agreed the most common concern among female athletes is not being heard by their doctors. They gave one word of advice: listen. It's not unusual for female athletes who come to the Women's Sports Medicine Center to report feeling dismissed by their other doctors and not feeling

truly heard until they arrived at HSS. "The presentations of female athletes are not always going to be the same as male athletes with regard to musculoskeletal dysfunction, pain, or injury," said Dr. Spiker. "There are certain aspects of a female athlete's nutrition, outside pressure on her appearance, hormonal fluctuations due to menstrual cycles, or higher prevalence of joint hypermobility that male athletes simply don't have to deal with."

"I think it's really important, whether you have a female athlete or a male athlete, to take the time to listen to them," asserted Dr. Hannafin. "You have to really talk to athletes and understand what their goals are and what they're willing to do to get back to their goals."

The trailblazing HSS women in sports medicine feel grateful for the careers they have chosen. "Those of us who do sports medicine are really blessed," concluded Dr. Hannafin. "We care for healthy, motivated people of all ages who want to continue having an active lifestyle that's going to benefit them for their entire lives. It's really a wonderful life."

A FORUM for Women in Orthopaedics

Several women in sports medicine who practice or trained at HSS are members of FORUM, a national group of board-certified fellowship-trained female orthopaedic surgeons who specialize in sports medicine. Founded in 1999, the group now includes more than 90 members who gather to present their work and openly discuss practice, career, and work-life issues. HSS-affiliated members of FORUM include:

- Nicole Belkin, MD (Fellow 2016)
- Jacqueline M. Brady, MD (Fellow 2014)
- Courtney Dawson, MD (Fellow 2011)
- Deborah Faryniarz, MD (Resident 2000, Fellow 2001)
- Aimee Klapach, MD (Fellow 2005)
- Gabriella E. Ode, MD (Fellow 2019, HSS Staff)
- Lauren Redler, MD (Fellow 2015)
- Beth E. Shubin Stein, MD (Fellow 2002, HSS Staff)
- Andrea M. Spiker, MD (Fellow 2016 and 2017)
- Sabrina M. Strickland, MD (Resident 2001, Fellow 2002, HSS Staff)
- Karen M. Sutton, MD (HSS Staff)
- Miho J. Tanaka, MD, PhD (Fellow 2012)
- Vonda Wright, MD (Fellow 2006)



A



B



C

A: View from the University Club of San Francisco **B:** Douglas E. Padgett, MD, Peter W. Callander, MD, Lynn Callander
C: Michelle E. Kew, MD, Elizabeth R. Dennis, MD, MS, Molly A. Day, MD **D:** Jose A. Rodriguez, MD, Stephanie R. Stephens Murray, MD, Breana Siljander, MD **E:** Ravi S. Vaswani, MD, Ian D. Hutchinson, MD, Kirk J. Hippensteel, MD



D



E

HSS Alumni Association Reception at AAOS 2024



F



G



H



I



J

F: Henry A. Backe Jr, MD, Christopher M. Hutchins, MD **G:** Thomas J. Heyse, MD, PhD, Thomas P. Sculco, MD **H:** Peter K. Sculco, MD, John H. Healey, MD, FACS **I:** Alumni mingling at the University Club **J:** Evan E. Vellios, MD, Greg S. DiFelice, MD, Michelle E. Kew, MD **K:** Surgeon-in-Chief Douglas E. Padgett, MD, welcoming Alumni in attendance **L:** Mikhail Kolomoitsev, MSN, RN, CMSRN, CNL, AGACNP, Jennifer Chesney, BSN, RN **M:** Stephanie R. Stephens Murray, MD, Deborah A. Faryniarz, MD, John H. Healey, MD, FACS



K



L



M

HSS Alumni Association Reception at AAOS 2024



A



B



C



D

A, B: Connecting with colleagues at the HSS Alumni Reception at AAOS at the University Club of San Francisco **C:** Mathias P. Bostrom, MD, Thomas H. McCoy, MD, Thomas P. Sculco, MD **D:** Mark P. Figgie, MD, Bridget Ellsworth, MD, Seth A. Jerabek, MD, Daniel B. Buchalter MD, Jeffrey A. O'Donnell, MD **E:** Ugo Ihekweazu, MD, Joseph Syku, Justin Dufresne, CST, David Negron **F:** Elizabeth R. Dennis, MD, MS, Nana Sarpong, MD, MBA, Eduardo Beauchamp, MD



E



F

HSS Alumni Association Reception at AAOS 2024



G



H



I



J



K

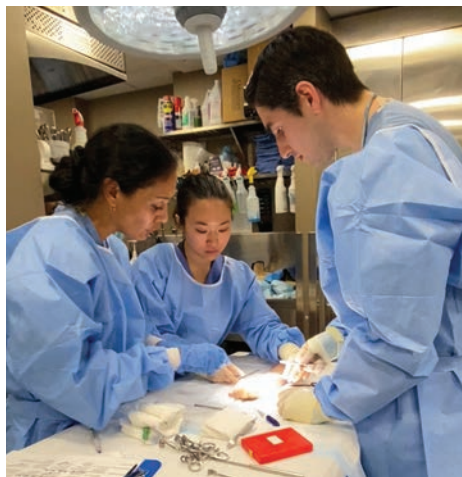
G: Jose A. Rodriguez, MD, Bernard N. Stulberg, MD, David M. Dines, MD, David Negron **H:** Douglas E. Padgett, MD, Priscilla Cornell, Charles N. Cornell, MD **I:** The view at sunset from the University Club balcony **J:** Barrett S. Brown, MD, Eric Chehab, MD, Robert H. Brophy, MD, Kirk J. Hippensteel, MD **K:** Wakenda K. Tyler, MD, MPH, Nana Sarpong, MD, MBA **L:** Matthew Lorei, MD, Henry A. Backe Jr, MD **M:** Peter K. Sculco, MD, John H. Healey, MD, Cynthia Sculco, Thomas P. Sculco, MD



L



M



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As a token of our appreciation, our vintage **Alumni Sweatshirts** are now on special sale with a **donation of only \$64!**



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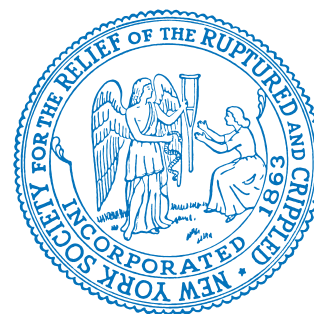
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2024 Dues Contributions

(continued)

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Keep us informed. What's New?

Let your fellow alumni know about recent career accomplishments, awards, research, publications, family milestones, and volunteer/humanitarian projects. We would like to share your updates in an upcoming issue of the *HSS Alumni News* magazine.

Send your updates to alumni@hss.edu.

Class Notes

Residents



Dr. Chitranjan Ranawat with family and friends.

Chitranjan S. Ranawat, MD (Resident 1969) celebrated his 90th birthday in April, surrounded by friends and family. Congratulations!

Robert (Bob) E. Atkinson, MD (Resident 1982) announces that he retired from active hand and orthopaedic surgery practice in Honolulu in 2023. He notes, "After some withdrawal symptoms, I am grateful for the freedom that retirement allows. Volunteer work, tennis, swimming, and acting as trustee for the Hawaii research and education foundation fills most weeks with joy. I plan to attend the November 1 Alumni Association meeting this year, and encourage my 1982 classmates to do the same. Sending Aloha to all the HSS family."

Scott G. Kantor, MD (Resident 1990) writes, "Still working full time but slowing down a bit. Both sons had a child this year so Liz and I are enjoying two grandchildren. Josh works in real estate in Bozeman, MT. Adam completes his residency at Utah in June and will be a trauma fellow at HSS. Talk about full circle! Will visit as much as we can."

Kenneth J. Kress, MD (Resident 1990) reports "Doing well in Atlanta. Four grandchildren and we are having fun. Retiring at the end of the year. All the best!"

Shevaun M. Doyle, MD (Resident 1997) hosted a workshop at HSS with the Perry Initiative, allowing female high school students to learn about orthopaedics and biomechanics through lectures, hands-on activities, and Q&A sessions.

Seth L. Sherman, MD (Resident 2010) notes that he helped edit his father's new book, *The Acute Knee*, and it is now out. (Dr. Mark Sherman was a fellow at HSS in 1980.) Read the first chapter for free at docshermanbooks.com.

Fellows

Stephanie Cheng, MD (Fellow 2014) was Co-Chair of this year's annual American Academy of Medical Acupuncture Symposium, which took place in Minneapolis from April 11th–14th. The Symposium's theme was Embracing the Diversity of Acupuncture: Connecting People and Paradigms.

Eric Schnaser, MD (Fellow 2014) notes that he has started an adult reconstruction fellowship at Eisenhower Medical Center in sunny Southern California. ACGME accreditation was received in January. The first year of accepting applications will begin in Fall 2024. He is the program director.

Andrea M. Spiker, MD (Fellow 2016) is the new Associate Editor of Hip & Thigh for the *American Journal of Sports Medicine*. The position began in January 2024.

Zahab S. Ahsan, MD (Fellow 2020) published an article the January 2024 issue of *Journal of Sports Medicine* entitled "Role of Lateral Extra-articular Tenodesis in Restraining Internal Tibial Rotation: In Vitro Biomechanical Assessment of Lateral Tissue." (PMID: 38164684)

Brian P. Chalmers, MD (Fellow 2020 and HSS Staff) received two competitive grants, the AAHKS FARE grant for \$50,000 and an OREF career development grant of \$300,000 for a prospective study on quantifying any postoperative correlation on knee laxity and patient outcomes and satisfaction after knee replacements.



Shevaun M. Doyle, MD, led a session for the Perry Initiative in January 2024.

Awards & Accolades

Residents

Thomas P. Sculco, MD (Resident 1974) was honored by the Gladden Society with the Presidents Health Equity & Diversity award. The honor reflects the ethos and achievement of past, present, and future JRGOS Presidents. JRGOS (The J. Robert Gladden Orthopaedic Society) is the largest membership of black orthopaedic surgeons in the world.



Steven B. Haas, MD, Hollis G. Potter, MD, and Kenneth C. Griffin

Steven B. Haas, MD (Resident 1990, Fellow 1991) and **Hollis G. Potter, MD** (Fellow 1992) were honored with the HSS Lifetime Achievement Award at the 2024 HSS Tribute Dinner in June.

Michelle G. Carlson, MD (Resident 1994, Fellow 1995 and 1996) was selected by the NBA to serve as the hand and wrist orthopaedic consultant at the 2024 NBA Draft Combine in Chicago.



Michelle G. Carlson, MD, evaluated potential draftees with prior hand or wrist injuries at the NBA Draft Combine.

Scott A. Rodeo, MD (Resident 1994, Fellow 1995 and 1996) was presented with the Jerry "Hawke" Rhea Award by the Professional Football Athletic Trainers Society (PFATS), recognizing him as an outstanding NFL head team physician



Dr. Christopher L. Wu received the 2024 Gaston Labat Award at the Spring 2024 ASRA Meeting in San Diego in March, with several current and past HSS staff members in attendance. In addition, over 80 guests, including several alumni and current fellows, attended the HSS Alumni and Staff Dinner and also presented at the meeting.

at the NFL Physicians Society (NFLPS) Annual Scientific Meeting and Symposium during the NFL Scouting Combine. The award is given annually by PFATS to the NFL team physician who has made the greatest contributions to both the NFL and the profession of athletic training.

Elizabeth A. Cody, MD (Resident 2017) was honored with a 2024 Women's Leadership Award from the American Foot and Ankle Society (AOFAS), earning the Career Development Award, which recognizes the professional aspirations and commitment of early- and mid-career female foot and ankle orthopaedic surgeons. Dr. Cody has authored more than 40 publications, including peer-reviewed research articles and book chapters. In the AOFAS, she serves as Vice Chair for the Public Education Committee and as



Scott A. Rodeo, MD, was recognized as Outstanding Team Physician of the Year by PFATS.

an Assistant Editor for Contemporary Reviews, Managerial Board Member, and Reviewer for *Foot & Ankle International*.

Fellows

David E. Tate Jr., MD, FACS (Fellow 1997) was promoted to Clinical Professor (Gratis) of the Department of Orthopaedic Surgery of the University of Louisville School of Medicine. He has been involved in resident teaching since entering practice in 1998.

Christopher A. DiMeo, MD (Fellow 2005) was selected to receive the February 2024 American Society of Regional Anesthesia and Pain Medicine (ASRA) Member Spotlight Recognition. In addition to several other responsibilities, Dr. DiMeo is the Founding Director of the Cadaver Lab Curriculum Program and has taught over 125 fellows in the HSS Surgical Learning and Training Center for over 15 years.

Dana Orange, MD, MS (Fellow 2009) was awarded the Gerald Weissman Memorial Lecture Award in April at NYU.

Mandip Kalsi, MD (Fellow 2012) was chosen as President-Elect of the newly formalized Regional Anesthesiology Fellowship Directors Association (RAFDA) at the inaugural meeting on March 23rd in San Diego. This group was started as a voluntary group by HSS in 2001, supported by the management of the HSS Department of Anesthesiology, Critical Care & Pain Management.

Awards and Accolades (continued)

James F. Wyss, MD, PT (Fellow 2011) was selected as a winner of the 2023 Foundation for Physical Medicine and Rehabilitation best original research award for his article "Prevalence of rapidly progressive osteoarthritis of the hip following intra-articular steroid injections" (PMID: 35596119).

Laura E. Moore, MD, PhD (Fellow 2023) received the 2024 ORS/OREF Translational Science Travel Grant.

HSS Staff

Answorth A. Allen, MD, was named among Becker's Hospital Review Black healthcare leaders to know in 2024.

Theresa Lu, MD, PhD, was honored with an Immunology and Microbial Pathogenesis (IMP) Teaching and Mentoring Award from the IMP Program at Weill Cornell Graduate School of Medical Sciences.

Suzanne A. Maher, PhD, was awarded the ORS Meniscus Section Impact Award at the ORS meeting in February 2024.

Timothy Wright, PhD, was named the 2024 recipient of the ORS/OREF Distinguished Investigator Award. This award was established in 2009 by the Orthopaedic Research Society and Orthopaedic Research and Education Foundation to honor an individual who has significantly contributed to the field of orthopaedic research, to the ORS, and the OREF through their outstanding scientific achievements and their commitment of time and service.

Christopher L. Wu, MD, was the recipient of the 2024 Gaston Labat Award in recognition of his contributions to research, education, and mentorship. Dr. Wu presented the "Labat Lecture" at the Spring ASRA Meeting.

We want to celebrate with you. Tell us about it!

Let your fellow alumni know about recent awards and promotions. We would like to share your news in an upcoming issue of the *HSS Alumni News* magazine. Send your updates to alumni@hss.edu.

GRADUATION AWARD RECIPIENTS 2024

Residents

Academic Achievement Award

Tyler Uppstrom, MD

Todd J. Albert, MD, Leadership Award

Yusef Jordan, MD

Jean C. McDaniel Award

Yusef Jordan, MD

Thomas P. Sculco, MD, Award

Yusef Jordan, MD

Lewis Clark Wagner, MD, Award for Excellence in Orthopaedic Clinical/Translational Research

Ryan Thacher, MD

Russell F. Warren, MD, Award for Excellence in Orthopaedic Basic/Translational Research

Jennifer Bido, MD, MPH

Fellows

ORTHOPAEDIC SURGERY

Philip D. Wilson Award for Excellence in Orthopaedic Surgery Research

Drake G. LeBrun, MD, MPH

Best Research Poster Award

Andrew J. Hughes, MB BCH, BAO MB

ADULT RECONSTRUCTION

Award for Clinical Excellence by a Fellow

Daniel B. Buchalter, MD

Award for Research Excellence by a Fellow

Drake G. LeBrun, MD, MPH

LIMB LENGTHENING AND COMPLEX RECONSTRUCTION

Gavriil Award for Outstanding Achievement in the Limb Lengthening Fellowship

David M. Burns, MD

SPORTS MEDICINE AND SHOULDER

Warren Kadrmas Fellow Citizenship Award

Antonio Cusano, MD

Russell F. Warren Research Award

Ayoosh Pareek, MD

MUSCULOSKELETAL RADIOLOGY & IMAGING

Charles L. Christian, MD, Award for Excellence in Musculoskeletal Research

Zenas Igbinoba, MD

RSNA Roentgen Resident/Fellow Research Award

Zenas Igbinoba, MD

REGIONAL ANESTHESIOLOGY & ACUTE PAIN MEDICINE

Dr. Nigel E. Sharrock Award for Academic Excellence

James Sabra, MD

HSS Attending Anesthesiologists' Award for Clinical Excellence

Karam Habchi, MD

HSS Engagement & Citizenship Award

Andjela Weber, MD

Faculty and Staff

Nancy Kane Bischoff Mentor Award

Shevaun M. Doyle, MD

Samuel Delgado, CST, Award

Melissa Ervolino, CST

Richard S. Laskin, MD

Young Attending Award

Elizabeth B. Gausden, MD, MPH

Philip D. Wilson, Jr., MD

Teaching Award

Howard (Tony) A. Rose, MD

HSS Diversity Award

Anne M. Kelly, MD

ADULT RECONSTRUCTION

Fellows' Teaching Award

Seth A. Jerabek, MD

FOOT AND ANKLE

Foot and Ankle Service Mentorship Award

Mark C. Drakos, MD

Foot and Ankle Service Teaching Award

Martin J. O'Malley, MD

SPORTS MEDICINE AND SHOULDER

Thomas L. Wickiewicz Teaching Award

Tony Wanich, MD

MUSCULOSKELETAL RADIOLOGY & IMAGING

Fellow Award for Teacher of the Year

Yoshimi Endo, MD

Fellow Award for Mentor of the Year

Kevin R. Math, MD

REGIONAL ANESTHESIOLOGY & ACUTE PAIN MEDICINE

Fellows Award for Teacher of the Year

Daniel B. Maalouf, MD, MPH

Cornell-NYP Anesthesiology Residents' Award for Teacher of the Year

Max Zhukovsky, MD

RHEUMATOLOGY

Division of Rheumatology Award for Teaching Excellence

Karmela Kim Chan, MD

Get to know your HSS Alumni

CLASS REPRESENTATIVES!

The **Class Representative Initiative** is a network of HSS alumni who act as liaisons between the Office of Alumni Affairs and their peers. The goal is to foster a robust line of communication, boost HSS pride, and provide an outlet to promote both professional and social collaborations. The HSS Education Institute and Office of Alumni Affairs partner with Class Reps throughout the year to provide updates about career and personal milestones and inform their peers of upcoming Alumni Association programs and events.

If you'd like to be a Class Rep for your specialty or class year, please contact alumni@hss.edu. Here is the current list, please connect with yours!

Joseph A. Markenson, MD, 1977	Rheumatology	Peter D. Asnis, MD, 2005	Resident
Jon B. Wang, MD, 1977	Resident	Christina Kuo, MD, 2006	Resident
Richard L. Salzer, MD, 1978	Resident	Jonas R. Rudzki, MD, 2006	Sports Medicine
Lewis B. Lane, MD, 1979	Resident	Anil S. Ranawat, MD, 2006	Resident
John H. Doherty Jr., MD, 1980	Resident	Andrew A. Brief, MD, 2006	Foot & Ankle
John F. Mendes, MD, 1981	Resident	Yi Lin, MD, 2007	Anesthesiology
Robert E. Atkinson, MD, 1982	Resident	Lorne E. Weeks, MD, 2007	Hand
Thomas J. Nordstrom, MD, 1983	Resident	Wakenda K. Tyler, MD, MPH, 2007	Resident
Domenick J. Sisto, MD, 1984	Resident	William J. Robertson, MD, 2008	Resident
Thomas M. Mauri, MD, 1985	Resident	Juliet B. Aizer, MD, MPH, 2008	Rheumatology
Thomas H. McCoy, MD, 1986	Resident	Jonathan Lam, MD, PhD, 2009	Hand
Robert C. Klapper, MD, 1988	Resident	Lawrence V. Gulotta, MD, 2009	Resident
Steven H. Stern, MD, 1989	Resident	Christopher R. Cook, DO, 2009	Anesthesiology
Scott G. Kantor, MD, 1990	Resident	Asheesh Bedi, MD, 2009	Sports Medicine
William F. Flynn Jr., MD, FAAOS, 1991	Resident	Daryl C. Osbahr, MD, 2010	Resident
Peter F. Rizzo, MD, 1992	Resident	Seth L. Sherman, MD, 2010	Resident
G. Hadley Callaway, MD, 1993	Resident	Jessica K. Gordon, MD, 2010	Rheumatology
John T. Braun, MD, 1994	Resident	Yoshimi Endo, MD, 2010	Radiology
Karen B. Onel, MD, 1995	Rheumatology	Sommer Hammoud, MD, 2011	Resident
John C. L'Insalata, MD, 1995	Resident	Burak Y. Ozturk, MD, 2012	Sports Medicine
Paul E. Kovatis, MD, 1996	Foot & Ankle	Travis G. Maak, MD, 2012	Sports Medicine
Christopher T. Behr, MD, 1996	Resident	Michael B. Cross, MD, 2012	Resident
Laurence D. Higgins, MD, 1997	Resident	Denis Nam, MD, MSc, 2013	ARJR
Kevin F. Bonner, MD, 1998	Resident	Susan Kim, MD, 2013	Rheumatology
Gregory S. DiFelice, MD, 1999	Resident	Jeremy LaMothe, MD, PhD, 2013	Trauma
Jeffrey R. Dugas, MD, 1999	Resident	MaCalus V. Hogan, MD, 2013	Foot & Ankle
Adam B. Shafritz, MD, 2000	Resident	Samuel A. Taylor, MD, 2013	Resident
David C. Johnson, MD, 2001	Resident	Nina Suh, MD, FRCSC, 2013	Hand
Peter J. Moley, MD, 2002	Physiatry	Kathleen L. Davenport, MD, 2013	Physiatry
Christopher J. Wahl, MD, 2002	Sports Medicine	Mazda T. Farshad, MD, MPH, 2013	Rheumatology
Matthew M. Roberts, MD, 2002	Resident	Demetris Delos, MD, 2013	Sports Medicine
Aruna M. Seneviratne, MD, 2003	Resident	Ogonna K. Nwawka, MD, 2014	Radiology
Martin Dolan, MD, 2004	Resident	John A. Karbassi, MD, 2014	Foot & Ankle
James D. O'Holleran, MD, 2005	Sports Medicine	Kenneth D. Weeks III, MD, 2014	Resident
Lana Kang, MD, 2005	Hand	Wesley H. Tran, MD, 2014	Trauma
Jonathan Samuels, MD, 2005	Rheumatology	Joshua Schroeder, MD, 2014	Spine

HSS Alumni Class Representatives (continued)



Erik Schnaser, MD, 2014	ARJR	James Shaw, MD, 2019	Trauma
Soumya D. Chakravarty, PhD, MD, FACR, FACP, 2014	Rheumatology	Devang Patel, MD, MBA, 2019	Anesthesiology
Brian P. Gladnick, MD, 2015	Resident	Christine M. Goodbody, MD, MBE, 2020	Resident
Stephanie D. Malliaris, MD, 2015	Hand	Burak Altintas, MD, 2020	Trauma
Harry G. Greditzer IV, MD, 2015	Radiology	Evan E. Vellios, MD, 2020	Sports Medicine
William D. Long III, MD, 2015	Spine	Ameya Save, MD, 2020	Hand
Brian Barlow, MD, 2015	ARJR	Brian P. Chalmers, MD, 2020	ARJR
Anjali Rozario, MD, 2015	Anesthesiology	Drew Stal, MD, 2020	Foot & Ankle
Morgan Swanstrom, MD, 2016	Resident	Jesse N. Charnoff, MD, 2020	Physiatry
Lee A. Rasamny, MD, 2016	Anesthesiology	James E. Dowdell III, MD, 2020	Spine
Jennifer L. Berkowitz, MD, 2016	Radiology	Mausam Sethi, MD, 2020	Anesthesiology
Andrea M. Spiker, MD, 2016	Sports Medicine	Jensen Henry, MD, 2021	Resident
Rachel J. Shakked, MD, 2016	Foot & Ankle	Michael Steinhaus, MD, 2021	Spine
Karima Becetti, MD, 2017	Rheumatology	Elizabeth R. Dennis, MD, MS, 2021	Sports Medicine
Salma Siddique, MD, 2017	Pediatric Rheumatology	Jason Zlotnicki, MD, 2021	ARJR
Joseph Konopka, MD, 2017	ARJR	Marie Dusch, MD, 2021	Hand
David M. Dare, MD, 2017	Sports Medicine	Olivier J. Gagne, MDCM, FRCSC, 2021	Foot & Ankle
Susan C. Lee, MD, 2017	Radiology	Nilasha Ghosh, MD, MS, 2021	Rheumatology
Elizabeth R. Inkellis Langhammer, MD, 2017	Hand	William P. Qiao, MD, 2021	Anesthesiology
Christopher M. Farlinger, MD, MSc, 2017	Anesthesiology	Samantha Mastanduno, DO, 2021	Physiatry
Nicholas R. Beatty, DO, 2017	Physiatry	Conor Murphy, MD, 2022	Foot & Ankle
Alexander B. Christ, MD, 2017	Resident	Elizabeth Zielinski, MD, 2022	Hand
Blake N. Staub, MD, 2017	Spine	Michelle E. Kew, MD, 2022	Sports Medicine
Brent Gerlach, MD, 2018	Anesthesiology	Krina A. Vyas, MD, 2022	Physiatry
Brandon Carlson, MD, MPH, 2018	Spine	Mitchell S. Fourman, MD, 2022	Spine
Sean A. Sutphen, DO, 2018	ARJR	Christopher J. Li, MD, 2022	Anesthesiology
Nicholas B. Jew, MD, 2018	Hand	Yianni M. Apostolakos, MD, MPH, 2022	Resident
Elizabeth B. Gausden, MD, MPH, 2018	Resident	Amit Lakhnarpal, MD, PhD, 2023	Rheumatology
Lauren M. Roberts, MD, MSc, FRCSC, 2018	Foot & Ankle	Elisha Lim, MD, 2023	Radiology
Jeremy S. Whang, MD, 2018	Radiology	Karim A. Shafi, MD, 2023	Resident
Dean Wang, MD, 2018	Sports Medicine	Prabhav P. Deo, MD, 2023	Physiatry
Shawn Sahota, MD, 2019	Sports Medicine	Jillian Gruber, MD, 2023	Hand
Jonathan T. Cheah, MD, 2019	Rheumatology	John C. Clohisy, MD, 2023	Spine
Evan A. O'Donnell, MD, 2019	Resident		
Shawn Richardson, MD, 2019	ARJR		
Yoshihiro Katsuura, MD, 2019	Spine		

Remembering Paul M. Pellicci, MD

Resident 1980 and HSS Staff



Paul M. Pellicci, MD



David B. Levine, MD, Philip D. Wilson Jr., MD, Paul M. Pellicci, MD, Chitranjan S. Ranawat, MD, Leon Root, MD and Thomas P. Sculco, MD

Paul M. Pellicci, MD, passed away on November 21, 2023. A graduate of Johns Hopkins University and Cornell University Medical College, Dr. Pellicci completed residency at New York Hospital, Cornell Medical Center/Hospital for Special Surgery and his fellowship at Brigham and Women's Hospital, Harvard.

He returned to HSS, where he served as an attending surgeon until his retirement in 2019. During his time at HSS, Dr. Pellicci was Chief of the Hip Service from 1993 until 2005 and served in several other leadership roles during his career. He received the Philip D. Wilson Jr., MD, Teaching Award in 1996 and 2005. In 2018, Dr. Pellicci was honored at the HSS Gala with the Lifetime Achievement Award.

Dr. Pellicci was one of the youngest surgeons ever to be admitted to the prestigious Hip Society and over his career he authored or co-authored nearly one hundred articles in peer-reviewed journals and wrote numerous textbook chapters and instructional manuals. His research interests involved complete anatomic restoration of the soft tissue structures following total hip replacement. Dr. Pellicci was a mentor and inspiration to countless young surgeons, shaping the future of orthopaedic surgery. Colleagues remember him not only for his medical expertise but also for his compassion and dedication to patient care and unwavering support of the residents and fellows.

On behalf of the entire HSS community we extend our condolences to Dr. Pellicci's family and other loved ones.

Tributes from Colleagues

“ I met Paul in the early 1970s, when I took care of his grandfather's total hip replacement. Paul at the time was a medical student at Cornell. Since then, I followed closely Paul's outstanding career, first as our orthopaedic resident at HSS and thereafter during his fellowship at the Brigham in Boston.

When he returned to HSS, Paul joined me in the Hip Service, of which I was in charge since 1972. We ran it together from 1980 to 2005. I always considered Paul an esteemed colleague and close friend.

His passing left a great void at HSS, and for the hundreds of residents and fellows he trained. They all found in Paul a role model, his surgical skills as an example of excellence and his gracious and compassionate care of patients admirable.

I miss him dearly. ”

— Eduardo A. Salvati, MD

“ He has always led with his character, way beyond how to take a history, how to do a physical exam, and how to do an operation—but how to lead your life. Calm, focused, with attention to detail, with unwavering commitment to perfection. To me, he embodied who you were supposed to be. And the patient always came first. ”

— David W. Altchek, MD

“ His superior surgical techniques have created a long-standing foundation for joint replacements, and the surgeon community is grateful for his exemplary work. ”

— Todd J. Albert, MD

“ Despite being one of the busiest surgeons at HSS, I'll forever remember Dr. Pellicci's ability to balance his commitment to clinical excellence with his firm commitment to family as a loving husband and father. ”

— Douglas E. Padgett, MD

“ The product of Dr. Pellicci's hands was nothing short of simply beautiful. He taught me personally to respect, admire, and even honor soft tissues, and put them back where we found them. One day in my residency I made a mistake with a patient. He very calmly said 'Okay, just go explain it to the patient.' With so few words he taught so much. ”

— Jose A. Rodriguez, MD

“ He had technical excellence and also compassion, caring for his patients as well as teaching. He was really one of the innovators in the field who contributed significantly to making hip replacements more stable. ”

— Edwin P. Su, MD

“ I think the greatest accolade that you can receive as a surgeon is that if other surgeons or anesthesiologists that work with you on a routine basis go to you for their surgery or for their family. Paul was totally focused also on one of the missions of this institution, to train and produce good doctors. ”

— David L. Helfet, MD

“ My father was the only person I've ever know who has a true calling. He was born to be a doctor. ”

— Kathleen Pellicci Bachman

“ One of the distinct memories I have of my dad is him getting up really early to beat traffic but also being able to get home early enough to coach our soccer teams. ”

— Christine Pellicci Cannon



Austin T. Fragomen, MD, Paul Pellicci, MD, and Alejandro Gonzalez Della Valle, MD



Left: Dr. Paul Pellicci with his wife, Dr. Virginia Fallon Pellicci. Right: Receiving the honor of the HSS Lifetime Achievement Award from Dr. David L. Helfet in 2018.



Paul Pellicci, MD, and Steven K. Magid, MD

A Tribute to Gregory E. Lutz, MD

Fellow 1993 and HSS Staff



Gregory E. Lutz, MD

Gregory E. Lutz, MD, a beloved caregiver to thousands of patients and a friend, mentor, and inspiration to many colleagues, passed away on March 5, 2024, after a courageous battle with cancer. He was 61 years old. As founder of the Physiatry Department at HSS, Dr. Lutz was one of the world's leading experts in regenerative sports medicine.

Dr. Lutz was born in Camden, NJ, to Dr. Elmar Gregor Lutz and Barbara Jane Donnelly. He enjoyed sports from an early age, competing in basketball and bodybuilding, ultimately winning Mr. Teenage New Jersey. In 1984, Dr. Lutz graduated magna cum laude and Phi Beta Kappa from Drew University, where he met the love of his life, Paula Gibson. Dr. Lutz graduated from Georgetown University School of Medicine in 1988 and was awarded the Dr. Margaret M. Kenrick Achievement Award for Excellence in Physical Medicine & Rehabilitation. He went on to pursue his specialty training in Physical Medicine & Rehabilitation at the Mayo Clinic, before completing an Orthopaedic Sports Medicine Fellowship at HSS in 1993.

Dr. Lutz became the first Physiatrist-in-Chief at HSS in 1997 and was a Professor of Clinical Rehabilitation Medicine at Weill Cornell Medical College. Under his 15-year leadership, the department grew to become one of the largest outpatient musculoskeletal practices in the world. He also established the Spine & Sports Medicine Fellowship, mentored more than 60 fellows, and was the Founder and Medical Director of the Regenerative SportsCare Institute (RSI+) in Manhattan. As a former Assistant Team Physician for the New York Mets and a Consulting Physician to the NHL's Players Association, he successfully treated professional athletes in the NBA, NFL, MLB, NHL, and ATP, in addition to business leaders, entertainers, and elite athletes of all kinds.

He was a trailblazer in intradiscal biologic injections and the nonsurgical management of spine and joint injuries. Dr. Lutz pioneered novel approaches to the treatment of degenerative disc disease and other musculoskeletal disorders, using regenerative procedures to successfully

Obituary adapted from *The New York Times*.

treat many injuries previously considered incurable. In 2004, he received the PASSOR (Physiatric Association for Spine Sports and Occupational Rehabilitation) Research Award, given to one physiatrist annually who has demonstrated excellence in musculoskeletal research.

His relentless pursuit to go above and beyond for his patients is a testament to the man he was — a devoted husband, father, grandfather, son, brother, physician, mentor, and friend. Patient care and spending time with his family and friends were his greatest passions. When not seeing patients, one would find him lifting weights, skiing, golfing, or walking in the woods with his dog, Theo. Dr. Lutz is survived by his loving wife, Paula; his three adult children, Anna (Paul), Cole (Tracey), and Olivia; his grandson, Kuno Gregor; and siblings, Mary Bernadette, Michael, and Christopher (Fellow 2001). Donations can be made in his memory to the Regenerative SportsCare Foundation at regensportscare.com/foundation or Hands Together at handstogether.org.

A collection of remembrances from many trainees and colleagues pay tribute to his reach and influence:

Dr. Lutz was one of the most important mentors/influences to my medical training and career. He not only taught me invaluable medical skills but also took the time to teach many “life lessons” and business practices that have helped to shape the physician I am today.

— Michael Monfett, MD (Fellow 2016)

His enthusiasm for the field of physiatry and his research was so infectious to me as a medical student picking my specialty. Dr. Lutz was a great teacher and fostered an expectation of excellence in those around him. From the double needle technique I learned from him, to the interest in regenerative medicine that Dr. Lutz and Dr. Scott Rodeo fostered in me, I can say full heartedly my practice today continues to benefit from the clinical pearls I was gifted. Our field and the countless physiatrists that he taught are no doubt better for his involvement and presence on so many levels.

— Leigh F. Hanke, MD, MS (Fellow 2017)

I have great appreciation of Dr. Lutz for being a kind and patient mentor. He imparted in me great career advice and helped me understand the infinite potential we have as interventional physiatrists. He was a model of professionalism and I am appreciative of the well-deserved reputation he created for the Physiatry Department at HSS.

— Patrick Wong, MD (Fellow 2010)

I am thankful for his mentorship, leadership, and teaching. He was a uniquely gifted physician and a generous teacher and I am forever grateful to have had the opportunity to learn from him. Dr. Lutz has shaped my career in more ways than I can list and I am a better physician today because of spending time under his guidance.

— Kathleen L. Davenport, MD (Fellow 2013 & HSS Staff)

His influence was monumental, shaping the paths of many, including mine. As a mentor, his guidance was invaluable throughout my training, enriching not just my professional growth but also my approach to compassionate patient care. His leadership within our department has left an indelible mark, and personally, I'm profoundly grateful for the wealth of knowledge and expertise Dr. Lutz graciously shared with me. The pearls of wisdom he imparted during my training continue to enrich my daily practice, a testament to his enduring influence.

— Stephen J. Massimi, MD (Fellow 2013 & HSS Staff)

Having Dr. Lutz as a mentor transformed the way that I approach patient care and professional endeavors. He imparted the confidence to approach the most challenging cases with optimism but understanding that "the devil dwells in the details." I always enjoyed our conversations and took to heart the wise counsel that he offered.

— Ashton Stanton, MD (Fellow 2010)

Dr. Lutz was a big part of the opportunities I have been given and the practice I've built. I am thankful for all of his teaching, leadership, and mentorship over the years. Patients who have benefited from the spine care I have provided owe him a great deal of gratitude, as do I.

— James F. Wyss, MD, PT (Fellow 2011 & HSS Staff)

I am thankful for all the guidance and advice that Dr. Lutz provided me during my fellowship. He was an excellent role model, and I have always admired his work and his forward-thinking approach. I recall him advising me to continually question the why and how of things and that advice remains meaningful to me to this day.

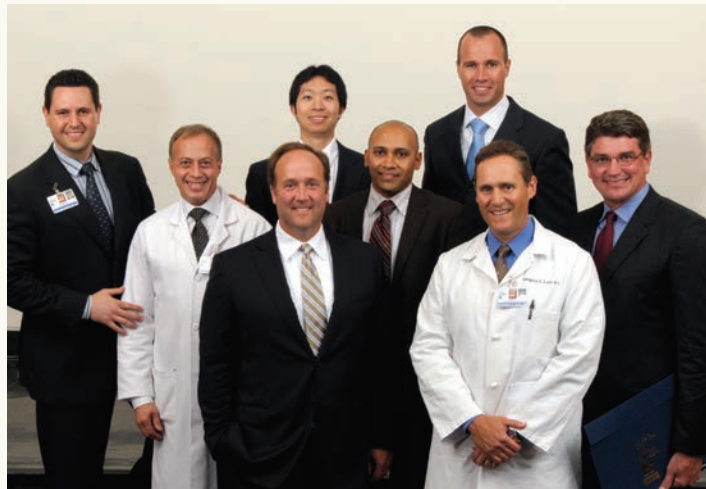
— Eric K. Holder, MD (Fellow 2017)

Dr. Lutz demonstrated, on a daily basis, innovation, professionalism, and clinical skills to the highest degree. The majority of my injections are PRP, inspired by his work. I am thankful for everything he did for me.

— Carroll Donell Cooper, MD (Fellow 2009)

I am thankful for all that Dr. Lutz contributed to the field and to the training of fellows. It was an amazing year working with him, and countless patients have benefited from what he taught.

— Joe Vongvorachoti, MD (Fellow 2012)



From left to right: Vincenzo Castellano, MD, Joseph Feinberg, MD, Christopher Lutz, MD, Patrick Wong, MD, Arun Gupta, MD, Ashton Stanton, MD, Gregory Lutz, MD, and Ronald Karnaugh, MD (Physiatry Fellowship Class of 2010)

I first met Dr. Lutz during a rotation through his office and I immediately admired his confidence and compassion with patients, and it left a strong impression on how I wanted to conduct myself as an attending. I was so grateful that years later, I would have the opportunity to work alongside him at HSS. I was impressed with his thoughtfulness and willingness to try new things and search for treatment options for the many that were given no other options. I appreciated his acumen as a scientist to ask questions and challenge the status quo.

— Alice Chen, MD (HSS Staff)

I am grateful for his legacy and leadership in the Department of Physiatry at HSS.

— Ellen Casey, MD (HSS Staff)

I am thankful for all the help and guidance Dr. Lutz gave me during my fellowship and beyond. He really helped steer my career path and shape the doctor that I have become.

— Timothy C. Shen, MD (Fellow 2001)

There aren't words to express my gratitude for the incredible work Dr. Lutz did for physiatry and, specifically, physiatry at HSS. I wouldn't be in the position I am today without him. I wouldn't have the incredible training I've experienced without him. I wouldn't have had such amazing teachers and mentors without him.

— Dena A. Barsoum, MD (Fellow 2018 & HSS Staff)

(continued on page 31)



James P. Smith, MD

HSS Staff

James P. Smith Jr., MD, died peacefully at his home in Interlaken, NJ, on March 25, 2024, at the age of 94. Raised in Asbury Park, NJ, he received his undergraduate and medical degrees from Georgetown University in Washington, DC, and did his internship and residency training at what was then New York Hospital-Cornell Medical Center and completed a fellowship in pulmonary disease at Cornell University Medical College.

Following the construction of the Berlin Wall, Dr. Smith served as a Captain and Assistant Chief of Medicine in the U.S. Army, 79th Engineer Battalion, in Pirmasens, Germany. During his tour, he took part in Operation Home Run (November 1963–February 1964) assisting the victims of a devastating earthquake in Skopje, former Yugoslavia. He also met Elizabeth Julia Fink, his future bride, and the love of his life, who was teaching the children of U.S. Army personnel at the American School. They were engaged in St. Moritz, married in Minnesota in 1964, and moved to Manhattan.

Dr. Smith was an Attending Physician at NewYork-Presbyterian Hospital and Hospital for Special Surgery. In 1975, he established a scoliosis pulmonary laboratory at HSS that later merged with the EKG Lab to become the hospital's Cardiopulmonary Laboratory.

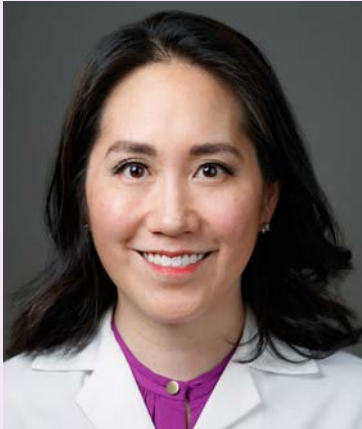
His groundbreaking career in medicine spanned more than half a century. He was a pioneer in the treatment of tuberculosis and of chronic obstructive pulmonary disease and was a founder of the International Early Lung Cancer Action Project, which spearheaded the use of low radiation dose chest CT for lung cancer screening. He was also one of the first physicians to recognize liver toxicity from certain TB medications and founded one of the first pulmonary intensive care units in the country, leading to the widespread use of mechanical ventilators.

A Clinical Professor of Medicine at Weill Cornell Medical College, he gave back generously to the medical community as a teacher and mentor to generations of young doctors, through his work as Secretary of the American Lung Association and the American Thoracic Society and President of the New York Lung Association, and through five decades of clinical practice in Manhattan.

In private practice, Dr. Smith was the personal physician to Manhattan socialites, professional athletes, stars of stage and screen, and even kings, but always made time for anyone — family, friends, or friends of friends — who came to him seeking his medical wisdom, guidance, or help. He was perennially named one of the best doctors in America but was most humbled by the awards he received for “bedside manner.” Anyone who had the privilege to know him, whether professionally or personally, understands how well he merited this recognition. Apart from his family, friends, and medicine, his great loves were deep sea fishing and the New York Football Giants.

Dr. Smith was predeceased by his beloved wife, Elizabeth, and his daughter, Stephanie. He is survived by his children, Susan Smith Mitchell (Douglas), James P. Smith III (Kathleen), and Patricia Smith Barrett (Daniel), as well as 10 adoring grandchildren, his sister Janet Carton (James D.), and many nieces, nephews, and cousins.

Adapted from tribute published in
The New York Times.



Emerald S.K. Lin, MD

HSS Staff

Dr. Emerald S.K. Lin, an accomplished Physical Medicine and Rehabilitation physician who specialized in treating traumatic brain injury, passed away on February 8, 2024, in New York City. She was a vibrant, compassionate doctor and mother who had a profound impact on many and will be deeply missed.

Emerald Sianchin Kwai Lin was born on October 16, 1980, in Camden, New Jersey. She grew up in Mount Laurel, New Jersey, and graduated from Lenape High School in 1999. She went on to graduate from Brandeis University in 2003 with double bachelor's degrees in biology and neuroscience, then earned her Doctor of Medicine from Rutgers Robert Wood Johnson Medical School in 2008.

Dr. Lin completed her residency training in Physical Medicine and Rehabilitation at the Icahn School of Medicine at Mount Sinai in 2012, followed by a fellowship and board certification in traumatic brain injury at the Kessler Institute for Rehabilitation in 2013. During this time, she quickly emerged as a national leader in her specialty, elected by her peers in the Association of Academic Physiatrists (AAP).

From 2013 to 2015, Dr. Lin served as medical director and as a traumatic brain injury specialist at Fort Belvoir Community Hospital in Virginia, where she thrived and helped countless veterans. Following that, she joined Hospital for Special Surgery, serving as Director of Residency Education for the Department of Physiatry.

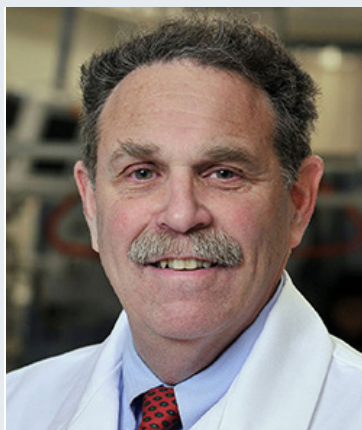
Dr. Lin radiated warmth, compassion, and kindness in her interactions with her patients, colleagues, and most of all, her mentees. She loved caring for her patients and helping them heal. Dr. Lin was respected for her clinical acumen, passion for teaching, and contribution to medical research in traumatic brain injury. She was highly regarded for her ability to lead initiatives throughout the country, encouraging colleagues to collaborate, and bridging medical innovations between academic institutions nationally. She was particularly thoughtful and successful in connecting with people professionally and being a mentor. Dr. Lin's leadership included serving on the Board of Directors for the Brain Injury Association of New York State (BIANYS) and as a past President of the New York Society of Physical Medicine and Rehabilitation (NYSPMR).

Emerald was curious, an avid learner, and a bright light wherever she went. Zealous about health, fitness, and fun, she enjoyed many activities including running, hiking, and yoga. She loved music (and was classically trained in piano and violin), dancing with her friends, travel, attending and presenting at conferences, and making and maintaining friendships in medicine and beyond.

Dr. Lin is survived by her beloved daughter, Zoe Kirschner, of New York City; parents, Hon-Chin and Hui-Ju Lin, of Mount Laurel, New Jersey; husband, Jonathan Kirschner, of New York City; and many friends and extended family members who will forever miss her.

Donations in Emerald's honor may be made to the Brain Injury Association of New York State, Brooklyn Public Library, or the Urgent Action Fund for Feminist Activism.

Adapted from tribute provided
by family.



Howard Anthony Rose, MD

Resident 1982 and HSS Staff

Our treasured colleague **Dr. Howard Anthony Rose** passed away on March 29, 2024, after a long illness. No words could possibly capture Dr. Rose's unique personality and effect on people. He approached life with boundless and dynamic warmth and compassion. Those who knew him as a colleague and mentor will always remember the pleasure of his company, guidance, encouragement, and support.

A cum laude graduate of Harvard College, Dr. Rose earned his medical degree from George Washington University School of Medicine and completed his surgical internship at Tufts New England Medical Center. Following residency at HSS, he went to Brigham and Women's Hospital for fellowship training in both sports medicine and adult reconstruction/replacement before returning to HSS to become the 8th member of the Sports Medicine Service.

Dr. Rose is beloved by his patients who he treated with dignity, empathy, and incredible skill. He was a wonderful doctor on every level. More than a surgeon, he was a trusted caregiver to his patients who had the utmost confidence in his commitment to find the best possible solution for their problem.

Dr. Rose is survived by his wife, Ellen, and their children John, James, and Anne.



Douglas E. Padgett, MD, and residents Julia Retzky, MD, and Ryan Thacher, MD, presented the family of Howard A. Rose, MD, with the Philip D. Wilson Jr., MD, Teaching Award at the resident graduation in May. The award was bestowed by the Class of 2024 residents in recognition of Dr. Rose's outstanding commitment to resident education.

IN MEMORIAM

Tributes from Trainees and Colleagues for Gregory E. Lutz, MD, continued

Dr. Lutz was a wonderful mentor and an inspiration to me throughout residency, fellowship, and the years beyond. I will always be grateful for his time and dedication to our education, and for the pearls of wisdom that I continue to implement in my practice.

— Elizabeth T. Nguyen, MD (Fellow 2014 & HSS Staff)

Dr. Lutz was such an inspiration while I was a fellow. I have heard his voice many times in my head as I've been practicing. We are all grateful for his training and the inspiration he gave us to be better physicians.

— Shikha Sethi, MD (Fellow 2007)

I cannot ever fully thank Dr. Lutz for giving me my start at HSS. He demanded the best of both his fellows and himself. It was hard to meet that level of expectation, but I certainly did my best to try. Some of his maxims are also part of my clinical practice and teaching. One of the top is, "aggressive diagnosis and conservative treatment." Nothing defines a physiatrist better. He started as my teacher, and when I joined the faculty, became a mentor and leader.

— Peter J. Moley, MD (Fellow 2002 & HSS Staff)

His steadfast ethos that the needs of the patient come first encompassed all aspects of his clinical care, and became the true north of his mentorship style that helped shape my training and the training of all of his fellows and mentees. He saw a need for excellence in non-operative spine and musculoskeletal care at HSS, started something special, and we all follow in his footsteps. His research and clinical insights have shaped the current and future generations of musculoskeletal care. Dr. Lutz led with a soft voice and encouraging perspective, bringing out the best in others.

— Nicholas R. Beatty, DO, RMSK (Fellow 2017 & HSS Staff)

Dr. Lutz was a huge inspiration to so many of us. He made incredible contributions to the field of physiatry and orthobiologics and has paved the way for many. I still treasure all of his teaching during my time as a fellow at HSS.

— Angelie Mascarinas, MD (Fellow 2016 & HSS Staff)

**We love to hear from you.
Please keep in touch.**

Send your updates to alumni@hss.edu.



Meet the Alumni Association Class of 2029

Welcome, New Residents!

Kristin Halvorsen, MD
Stanford University School of Medicine

Prerana Katiyar, MD
Columbia University Vagelos College
of Physicians and Surgeons

Jennifer Kunes, MD
Columbia University Vagelos College
of Physicians and Surgeons

Mark Megerian, MD
Case Western Reserve University
School of Medicine

Rajiv Reddy, MD
University of Pittsburgh
School of Medicine

Branden Sosa, MD
Weill Cornell Medicine

Taylor Stauffer, MD
Duke University School of Medicine

Raylin Xu, MD
Harvard Medical School

Michelle Zabat, MD
New York University
Grossman School of Medicine

Welcome Class of 2024 Alumni

Congratulations to our **2024 residency and fellowship graduates**. We wish them well as they embark on their postgraduate positions.

2024 Resident Graduates



Left to Right: (front row) Daniel W. Green, MD, MS, FAAP, FACS, Duretti T. Fufa, MD, Douglas E. Padgett, MD; (middle row) Patawut Bonvonratwet, MD, Jennifer Bido, MD, MPH, Alex Anatone, MD, Kathryn Barth, MD; (back row) Yusef Jordan, MD, Tyler Uppstrom, MD, Ryan Thacher, MD, Brian Yang, MD

Graduating Residents & Fellowship Appointments

Alex Anatone, MD

Adult Reconstructive Surgery
Hospital for Special Surgery
New York, NY

Kathryn Barth, MD

Orthopaedic Trauma
University of Texas Health Science
Center at Houston
Houston, TX

Jennifer Bido, MD, MPH

Adult Reconstructive Orthopaedics
Thomas Jefferson University Hospital
Rothman Orthopaedic Institute
Philadelphia, PA

Patawut Bovonratwet, MD

Spine Surgery
Massachusetts General/Brigham and
Women's Hospital
Boston, MA

Yusef Jordan, MD

Spine Surgery
San Diego Spine Fellowship
San Diego, CA

Ryan Thacher, MD

Sports Medicine
Hospital for Special Surgery
New York, NY

Tyler Uppstrom, MD

Spine Fellowship
Steadman Philippon Research Institute
Vail, CO

Brian Yang, MD

Hand Surgery
Stanford University
Stanford, CA

2024 Fellowship Graduates



June 17, 2024



July 15, 2024

Department of Orthopaedic Surgery

Adult Reconstruction

Daniel B. Buchalter, MD
Peter P. Hsiue, MD
Drake Glenn LeBrun, MD
Jeffrey A. O'Donnell, MD
Nathaniel T. Ondeck, MD, MHS
Shay I. Warren, MD

Complex Joint Reconstruction

Andrew J. Hughes, MB BCH, BAO MB

Foot and Ankle

Allison L. Boden, MD
Matthew J. Braswell, MD
Alan Gregory Shamrock, MD

Hand and Upper Extremity

Mackenzie Grasso, MD
Tiffany Liu, MD
Viviana Serra Lopez, MD
Madeline A. Tadley, MD

Hip Preservation

Brian T. Muffly, MD

Limb Lengthening and Complex Reconstruction

David M. Burns, MD
David Laniado Nahmad, MD

Metabolic Bone Disease

Guang-Ting Cong, MD
Dan Carai Maia Viola, MD

Multi-Specialty Spine Care and Surgery International Fellowship

Michael J. Kelly, MD

Orthopaedic Trauma

Hallie R. Bradley, MD

Pediatric Orthopaedics

Yasir Abdullah A. Alabdulkarim, MBBS

Shoulder

Joel R. Peterson, MD

Spine

Venkat Boddapati, MD
Kevin DiSilvestro, MD
Takashi Hirase, MD
Frank Yuk, MD

Sports Medicine and Shoulder

Antonio Cusano, MD
Michael Robert Davies, MD
Heath P. Gould, MD
Justin J. Hicks, MD
Paul Inclan, MD
Erick Marigi, MD
Ayoosh Pareek, MD

Department of Anesthesiology, Critical Care & Pain Management Regional Anesthesiology and Acute Pain Medicine

Monica Anis, MD
Katelynn Champagne, MD
Karam Habchi, MD
Jason Haidar, MD
Edwin Lin, MD
Jashvin Patel, MD
Benjamin Pittman, MD
Victor Qi, MD
James Sabra, MD
Christian Tilley, MD
Bao-Michael Tra, MD
Andjela Weber, MD

Department of Medicine Pediatric Rheumatology

Jheel Pandya, MD

Pediatric Rheumatology Health Equity

Alisha Marilyn Akinsete, MD

Primary Care Sports Medicine

Dylan F. Bennett, MD
Tyler Jackson, MD

Rheumatology

Genna Braverman, MD
Yuyin Chen, MD
Robert M. Spandorfer, MD
Jeong Min Yu, MD

Department of Neurology Neuromuscular Medicine

Zeinab Charmchi, MD

Department of Physiatry Spine and Sports Medicine

Nicole M. Angelo, DO
Steven Jow, MD
Alexandre N. McDougall, MD
Rick A. Schneider, DO

Department of Radiology and Imaging Musculoskeletal Radiology

Adarsh Bellur, MD
Marcio Bottene Villa Albers, MD
Zenas Igbinoba, MD
Christopher Konfirst, MD

HSS Alumni at AAHKS | Dallas | November 2023



A



B



C

A: Alumni gather at the AAHKS Reception at the Glass Cactus in Grapevine, Texas **B:** Michael Parks, MD, Elizabeth B. Gausden, MD, MPH, Sonia Chandi **C:** Brandon Brukowski, MD, Steven B. Haas, MD, Tracy Borsinger, MD **D:** Shawn Richardson, MD, Steven B. Haas, MD, Emily Ast, JD, Michael P. Ast, MD, Jason L. Blevins, MD, Brian Gladnick, MD **E:** Mark Dolan, MD, David Schroder, MD, Jack Steele, MD, Thomas Huff, MD, Douglas E. Padgett, MD, Ted Lambert, DO



D



E

HSS Alumni Association Reception at AAHKS 2023



F



G



H



I



J

F: Douglas E. Padgett, MD, Alexander S. McLawhorn, MD, MBA, Sean A. Sutphen, DO **G:** Kimberly Morales, PA-C, Tracy Borsinger, MD
H: Emily Ast, JD, Michael P. Ast, MD, Jeffrey Stimac, MD, Brian T. Nickel, MD **I:** Ajay Premkumar, MD, Jonathan Vigdorich, MD,
 Marney Reid, BS, Nana Sarpong, MD, MBA **J:** Michael L. Parks, MD, T. David Tarity, MD **K:** Steven B. Haas, MD, welcomes Alumni to
 the reception **L:** Drake G. LeBrun, MD, MPH, Anay Patel, MD



K



L

The **new** Alumni directory is live.

Check out the new alumni directory at hss.edu/alumni. Connect with colleagues across the globe. Featuring a searchable map, find all alumni by name, city, state, country, and specialty—within a radius of a specific address or city. Give it a try today.

Email alumni@hss.edu if you need the password.



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the registration fee for upcoming professional education programs. Use code HSSALUMNI for 50% off.

Questions?

Email continuingeducation@hss.edu or call **212.606.1057**.

Onsite or Livestream

DECEMBER 6–7, 2024
The 36th Annual Holiday Knee & Hip Course

Join us for two days with colleagues from around the world for lively discussion, pre-recorded live surgeries, debates, case presentations, and more. Hot topics include: the business of medicine, digital medicine—beyond robotics, personalized alignment and patient-specific approaches in customization and joint replacement, tibial bearings, fixation, innovations in prosthetic design and techniques, and addressing complications and revision strategies. Register at bit.ly/kneehip2024

Onsite or Livestream

DECEMBER 13–14, 2024
2024 New York Shoulder Arthroplasty Course

This educational event will bring together shoulder arthroplasty experts from around the world and will present the full spectrum of topics from preoperative evaluation to treatment of complications including primary and complex revision cases and all topics in between. The course content will provide a fast-paced program utilizing multiple formats including lectures, panel discussions, roundtable discussions, prerecorded surgical videos, and debates. Register at bit.ly/nysoulderarthro



Hospital for Special Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.