

**HSS**

# HSS at the 49<sup>th</sup> Annual Regional Anesthesia and Acute Pain Medicine Meeting



**March 21-23, 2024**

Hilton San Diego Bayfront, San Diego, California, USA

**ASRA** PAIN  
MEDICINE

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**HSS** Anesthesiology

# LOCATION AND HOTEL



## HILTON SAN DIEGO BAYFRONT

1 Park Boulevard  
San Diego, CA 92101  
619-564-3333

## GENERAL MEETING SCHEDULE

### Registration (in Foyer)

- Wednesday *evening*, March 20, 2024 (pre-registration) 6:00-7:30 PM
- Thursday, Friday, & Saturday **mornings**, 7:00-7:45 AM (breakfast)

### Meeting

- Thursday, March 21<sup>st</sup>, 2024, 7:45 AM – 5:15 PM
- Friday, March 22<sup>nd</sup>, 2024, 8:00 AM – 6:00 PM
- Saturday, March 23<sup>rd</sup>, 2024, 8:00 AM – 5:00 PM

**For the most up-to-date information, please refer to the ASRA meeting links:**

<https://www.asra.com/events-education/ra-acute-meeting>

<https://www.asra.com/events-education/ra-acute-meeting/program>

Workshops are an additional fee and for physicians only.

PBLDs are open to all, \$90 ticket required, lunch included.

Diversity SIG breakfast on Saturday is open to all but requires pre-registration:

<https://www.cognitofrms.com/ASRA/DiversitySIGMeetingAndDiversityAndInclusionBreakfast>

## HIGHLIGHTS

### **Congratulations Dr. Christopher Wu, Recipient of the 2024 Gaston Labat Award!**

The Gaston Labat Award honors Dr. Gaston P. Labat, a pioneer in regional anesthesia and the first president of ASRA. This award recognizes individuals who have made outstanding and significant contributions to the research, teaching, or clinical practice of regional anesthesia. We are elated that Dr. Christopher Wu was selected for this year's prestigious award. It is a great honor to him and to all those whose lives and careers he has positively influenced.



Dr. Wu received his medical degree from Albany Medical College in 1989, completed a residency in anesthesiology at the University of Rochester in 1993 and became an assistant professor there in 1994. In 1999, he continued his career at Johns Hopkins University where he held numerous clinical and administrative positions. In 2018, he joined Hospital for Special Surgery where he is an attending anesthesiologist, director of clinical research, and clinical professor of anesthesiology at Weill Cornell Medicine.

Dr. Wu will be giving the Labat lecture titled "Regional Anesthesia and Outcomes: Past, Present, and Future" during the Excellence in ASRA Pain Medicine Awards Luncheon on Saturday, March 23<sup>rd</sup> at noon. Please join us to celebrate his career and accomplishments.

Please see the formal announcement here:

<https://www.asra.com/news-publications/asra-updates/blog-landing/asra-updates/2024/02/09/dr-christopher-wu-is-named-the-2024-gaston-labat-award-winner>

Read more about Dr. Wu's career in an interview with ASRA here:

<https://www.asra.com/news-publications/asra-newsletter/february-2024/newsletter-article/asra-news/2024/02/08/interview-with-the-2024-gaston-labat-award-recipient-dr-christopher-l-wu>

## HIGHLIGHTS

**The Fellowship Directors Group is now formalized into a Society known as the Regional Anesthesiology Fellowship Directors Association (RAFDA).**

The seven founding Board of Directors for RAFDA were elected last Fall from a group of 15 nominees. We are honored that two of the board members are our very own Mary Hargett who serves as a Director-at-Large, and Mandip Kalsi, MD who is President-Elect. Congratulations!

President: Ray Joseph (Virginia Mason)

Immediate Past President: Linda Le Wendling (UFL – Gainesville)

**President-Elect: Mandip Kalsi, MD (HSS)**

Secretary-Treasurer: Brian Allen (Vanderbilt)

**Directors at Large: Mary Hargett (HSS), Jody Leng (Stanford), Jinlei Li (Yale)**



**Mandip Kalsi, MD**  
RAFDA President-Elect



**Mary J Hargett**  
RAFDA Director-at-Large

RAFDA, in conjunction with ASRA Pain Medicine, will be hosting the **Meet and Greet Reception for Fellowship Directors and Trainees** on Friday evening, March 22<sup>nd</sup>, from 6:00 to 7:00 PM (PST), in the "Indigo Ballroom", at the Hilton San Diego Bayfront. This event is complimentary to residents/fellows and fellowship directors.

The **RAFDA Spring Breakfast Meeting**, generously supported in full by the HSS Department of Anesthesiology, Critical Care & Pain Management, will take place on Saturday morning, March 23<sup>rd</sup>, from 6:30 to 7:45 AM (PST) in "Aqua B/C Salon" at the Hilton San Diego Bayfront. This breakfast is for RA/APM Fellowship Directors and Group Advisors only.

# HIGHLIGHTS

**Congratulations to our research and education division for winning two, "Best of Meeting Abstract" awards and the "Patient Safety Award"!**

This year our faculty and staff will be presenting 20 abstracts, lecturing at, and moderating over 25 sessions, workshops, problem-based learning discussions, poster sessions, and special interest group meetings! A special congratulations to the following teams for their meeting awards:



## **Best of Meeting Abstract**

**Dr. Kethy Jules-Elysee and team** for their randomized controlled trial, "Effects of perioperative dronabinol use in total knee arthroplasty."

The podium presentation will take place on Thursday, March 21<sup>st</sup>, at 1:30 pm in the "Indigo BCFG" at the beginning of the RC-03 refresher course.



## **Best of Meeting Abstract**

**Dr. Stavros Memtsoudis and team** for their national database study, "Preoperative GLP-1 agonist use is not associated with aspiration or pneumonia: A national observational study."

The podium presentation will take place on Thursday, March 21<sup>st</sup>, at 3:45 pm in the "Indigo BCFG" at the beginning of the RC-04 refresher course.



## **Patient Safety Award**

**Dr. David Lee and team** for their retrospective chart review study, "Is spinal anesthesia safe in patients with a history of Guillain-Barré Syndrome undergoing orthopedic surgery?"

The podium presentation will take place on Saturday, March 23<sup>rd</sup>, 2024, at 8:00 am in the "Indigo BCFG" room at the beginning of the PS-05a Parallel Session.

# Day 1: Thursday, March 21st, 2024

6:30a – 7:30a

## **RAPM Editorial Board Meeting**

[Editorial board by invitation only.](#)

Room: Sapphire 410

8:15a – 9:45a

## **MP-01a Moderated Poster Session**

Room: Indigo 202 A

“The aging consideration in elective total hip arthroplasty”

Co-authors: Alex Illescas MHA, Crispiana Cozowicz MD, Gwo-Chin Lee MD, Haoyan Zhong MPA, Jashvant Poeran MD PhD, Stavros G Memtsoudis MD PhD, Jiabin Liu MD PhD

8:15a – 9:45a

## **MP-01b Moderated Poster Session**

Room: Indigo 202 B

“The State of Diversity and Inclusion of Regional Anesthesiology and Acute Pain Medicine (RA/APM) Fellowship Programs”

Co-authors: Uchenna O Umeh MD, Mandip S Kalsi MD, Maya Tailor, Haoyan Zhong MPA, Shivani Mehta, Niyant Jain MD, Poonam Pai MD, Bridgett Pulos MD, Rodney Gabriel MD, Raymond S Joseph MD, Justas Lauzadis PhD, Mary J Hargett, Meg A Rosenblatt MD

**President's Choice Abstract** - “Cost and complications Associated with Total Joint Arthroplasty Patients”

Co-authors: Haoyan Zhong MPA, Crispiana Cozowicz MD, Alex Illescas MHA, Lisa Reisinger MD, Jashvant Poeran MD PhD, Jiabin Liu MD PhD, Stavros G Memtsoudis PhD

**President's Choice Abstract** - “Co-prescription of naloxone among patients prescribed opioids after inpatient stays”

Co-authors: Alex Illescas MHA, Jiabin Liu MD PhD, Haoyan Zhong MHA, Lisa Reisinger MD, Crispiana Cozowicz MD, Jashvant Poeran MD PhD, Stavros G Memtsoudis MD PhD

10a – 12:00p

## **WS-04 Hands-On Workshop: Focused POCUS for Regional Anesthesiologists**

Scenario-based applications of ultrasound for evaluation of lung diaphragm, gastric airway, and intravascular volume status

Faculty: Stephen Haskins, MD

Room: Sapphire I&M

10a – 12:00p

## **RC-02 Refresher Course: Optimizing Pain and Recovery – A Patient and Systems-Centered Approach**

10:40 am – “Improving Patient Outcomes with RA – Where Should We Set the Bar?”

Speaker: Stavros G. Memtsoudis, MD, PhD

Room: Indigo BCFG

# Day 1: Thursday, March 21st, 2024, continued

## 10:00a – 12:00p MP-02a Moderated ePoster Session

Room: Indigo 202 A

“Effect of perioperative opioid education on outcomes after total knee arthroplasty: A randomized study”

Co-authors: Miriam Sheetz, Angela Puglisi, Pa Thor PhD, Justas Lauzadis PhD, Mark Trentalange MD, Marko Popovic, Maya Taylor, Julia Reichel, Haoyan Zhong MPA, Alex Illescas MHA, Jiabin Liu MD PhD, Christopher Wu MD, Kanupriya Kumar MD, William Qiao MD, Stephanie Cheng MD, Kethy M. Jules-Elysee MD, David Kim MD, Sang Kim MD, Yi Lin MD PhD, Daniel Maalouf MD, Faye Rim MD, Ellen Soffin MD PhD, Christopher Tanaka MD, Uchenna Umeh MD, Seth Waldman MD, Pamela Wendel MD, Brian Chalmers MD, Alejandro Gonzalez Della Valle MD, Elizabeth Gausden MD, Jason Blevins MD, Michael Ast MD, David Mayman MD, Peter Sculco MD, Alexander McLawhorn MD, Patricia Quinlan PhD, Alexandra Sideris PhD, Bradley Lee MD

“Using a hands-on cadaver lab to train senior anesthesiology residents for neuraxial procedures in the lateral decubitus position”

Co-Authors: Max Zhukovsky MD, Christian Tilley MD, Mikhail Goman MD, Mary Hargett, Mandip Kalsi MD, David Lee MD, Cephass Swamidoss MD

## 12:15p – 1:15p Problem-Based Learning Discussions (PBLD)

- **PBLD-05** Acute Pain Management in Complex Spine Surgery  
Moderator: Ellen Soffin, MD, PhD
- **PBLD-14** Optimizing Billing, Coding, and Reimbursement in RA and Acute Pain  
Moderators: Ansara Vaz, MD & Ed Mariano, MD
- **PBLD-17** Optimizing Billing, Coding, and Reimbursement in RA and Acute Pain  
Moderators: Jiabin Liu, MD & Sanjay Sinha, MD

## 1:00p – 1:30p EXP-02 Non-moderated ePoster Session

“Trends in Preoperative Self-Disclosure of Cannabis Use in Adult Orthopedic Surgical Patients: An Institutional Retrospective Study”

Co-Authors: William Chan M.Eng., Marlena Komatz BS, Faye Rim MD, Dae Kim MD, Spencer Liu MD, Mary Kelly NP, Samuel Schuessler MHA, Roberta Stack MS, Seth Waldman MD, Alexandra Sideris PhD

Location: Exhibit Hall Screen 4

## 1:30p – 3:30p RC-03 Refresher Course: Crafting Pharmacological Recipes in Regional Anesthesia and Acute Pain (ASRA Pain Medicine-ESRA Joint Educational Session)

1:30p – Best of Meeting Abstract Podium Presentation: “Effects of Perioperative Dronabinol Use in Total Knee Arthroplasty”

Presenter: Kethy M. Jules-Elysee, MD

Room: Indigo BCFG

# Day 1: Thursday, March 21st, 2024, continued

1:30p – 3:30p

## **MP-03b Moderated ePoster Session**

Room: Indigo 202 B

**President's Choice Abstract** - "Trends in Comorbidities and Complications in Octogenarians and Nonagenarians Undergoing Total Hip and Knee Arthroplasty"

Co-authors: Lisa Reisinger MD, Crispiana Cozowicz MD, Jashvant Poeran MD PhD, Haoyan Zhong MPA, Alex Illescas MHA, Jiabin Liu MD PhD, Stavros G Memtsoudis MD PhD

"Incorporating pharmacogenetic testing into perioperative pain management to support personalized care"

Co-authors: Faye Rim MD, Benjamin Basseri, Alexandra Sideris PhD, Spencer Liu MD, Dae Kim MD, Mary Kelly NP, Samuel Schuessler MHA, Justas Lauzadis PhD, Dale J Langford PhD

3:45p – 5:15p

## **RC-04 Refresher Course: Practice-Changing Research in Regional Anesthesia and Acute Pain Management**

**3:45p – Best of Meeting Abstract Podium Presentation:** "Preoperative GLP-1 Agonist Use is Not Associated with Perioperative Aspiration or Pneumonia: A National Observational Study"

Presenter: Jashvant Poeran, MD, PhD

Room: Indigo BCFG

3:45p – 5:15p

## **MP-04b Moderated ePoster Session**

"Trends in Comorbidities and Complications Among Patients Undergoing Elective Total Hip and Knee Arthroplasty"

Co-Authors: Lisa Reisinger MD, Crispiana Cozowicz MD, Jashvant Poeran MD PhD, Haoyan Zhong MPA, Alex Illescas MHA, Jiabin Liu MD PhD, Stavros G Memtsoudis MD PhD

Room: Indigo 202 B

3:45p – 5:15p

## **WS-08 Hands-On Workshop: Blocks for Hip Surgery and Trauma**

Suprainguinal and infrainguinal fascia iliaca, PENG, femoral, LFCN, obturator Nerves, lumbar ESP

Faculty: Meghan Kirksey, MD, PhD

Room: Sapphire I&M

5:15p – 5:45p

## **EXP-03 Non-moderated ePoster Session**

Moderator: Stavros G Memtsoudis, MD, PhD

Location: Exhibit Hall (screens 1 & 2)

5:45p – 6:15p

## **EXP-04 Non-moderated ePoster Session**

Moderator: Christopher Wu, MD

Location: Exhibit Hall (screens 5 & 6)

# HSS Dinner for HSS Staff, Alumni, and Colleagues

**Thursday, March 21<sup>st</sup>, 2024  
7:00 pm**

**By invitation only**

**Lou & Mickey's**  
224 5<sup>th</sup> Avenue  
San Diego, CA  
(619) 237-4900



# Day 2: Friday, March 22nd, 2024

- 8:00a – 9:30a**     **IS-01 Ask the Experts Interactive Session: Clinical Dilemmas in Regional Anesthesia – Who Should/Should NOT Get a Block?**  
"Neuraxial Blockade in Spinal and Cardiac Disease"  
Speaker: Stephanie Cheng, MD  
Room: Aqua BC
- 8:00a – 9:30a**     **MP-05b Moderated ePoster Session**  
"Patient Characteristics and Evaluated Criteria Associated with Complex Regional Pain Syndrome: A Retrospective Institutional Registry Study"  
Co-authors: Marlena Komatz BS, William Chan M.Eng, Daniel Edonyabo BS, Dale J Langford PhD, Justas Lauzadis PhD, Daniel Richman MD, Semih Gungor MD, Alexandra Sideris PhD  
Room: Indigo 202 B
- 8:00a – 9:30a**     **WS-10 Hands-On Workshop: Blocks for Knee/Ankle/Foot**  
Sciatic nerve block, saphenous and vastus medialis nerves at adductor canal/femoral triangle; genicular blocks, ultrasound-guided ankle block  
Faculty: Jiabin Liu, MD, PhD  
Room: Sapphire I&M
- 10:00a – 10:15a**     **EXP-08 Non-moderated ePoster Session**  
Moderator: Ansara Vaz, MD  
Location: Exhibit Hall (screens 3 & 4)
- 10:15a – 12:15p**     **WS-12 Hands-On Workshop: Basic Cardiac FATE Exam**  
Faculty: Christopher Tanaka, MD  
Room: Sapphire I&M
- 10:15a – 11:45a**     **PS-02a Parallel Session: Anesthesia and Analgesia for Hip Fracture Surgery – Choosing Wisely**  
11:00 am – "Spinal vs. General Anesthesia: When (if ever) Is One Preferable Over the Other?"  
Speaker: Stavros G Memtsoudis, MD, PhD  
Room: Indigo BCFG
- 10:15a – 11:45a**     **MP-06a Moderated ePoster Session**  
"Cannabis Use in Adolescent Orthopedic Surgical Patients: A Retrospective Chart Review Study"  
Co-authors: Tommy Ramos, William Chan M. Eng, Marlena Komatz BS, Kathryn DelPizzo MD, Seth Waldman MD, Justas Lauzadis PhD, Alexandra Sideris PhD  
Room: Indigo 202 A
- 10:15a – 11:45a**     **MP-06b Moderated ePoster Session**  
"Design and implementation of a Comprehensive Four-Week RAAPM Curriculum For Medical Students in a Subspecialty Orthopedic Hospital"  
Co-authors: Christian Tilley MD, Mary Hargett, Mikhail Goman MD, Max Zhukovsky MD  
Room: Indigo 202 B

# Day 2: Friday, March 22nd, 2024, continued

- 2:15p – 3:45p**     **WS-14 Hands-on Workshop: Blocks for Spine Surgery and Acute Back Pain**  
ESP/TLIP/cervical spine/PVB/retrolaminar blocks  
Lead: Ellen Soffin, MD, PhD  
Faculty: Christopher Tanaka, MD  
Room: Sapphire I&M
- 2:15p – 3:45p**     **PS-03b Parallel Session: The Mind-Body Connection in Acute Pain Management**  
2:35 pm – “Complementary Medicine Therapies in Acute Pain Management”  
Speaker: Stephanie Cheng, MD  
Room: Indigo DH
- 2:15p – 3:45p**     **MP-07a Moderated ePoster Session**  
“Low/Medium frailty subgroups may be more likely to benefit from regional over general anesthesia in surgical hip fracture patients”  
Co-authors: Mateo Restrepo, Jashvant Poeran MD PhD,  
Alexander Stone MD, Haoyan Zhong MPA, Crispiana Cozowicz MD,  
Alex Illescas MPH, Jiabin Liu MD PhD, Stavros G Mementsoudis MD PhD  
Room: Indigo 202 A
- 4:20p – 4:30p**     **EXP-10 Non-moderated ePoster Session**  
“A longitudinal study for Point-Of-Care Ultrasound curriculum in a resource-limited setting”  
Co-authors: Jason Haidar DO, Erica Tafuro MD, Lucia Lee MD, L Knudsen,  
Sanjana Kulkarni, Niharika Thakkar PhD, Swetha Pakala PhD  
Location: Exhibit Hall (screen 3)
- 4:30p – 6:00p**     **PS-04a Parallel Session: Clinical Updates in Regional Anesthesia What’s New? What’s Best?**  
4:30 pm – “Regional Anesthesia for Hip Arthroscopy & Other Surgeries”  
Speaker: Stephen Haskins, MD  
Room: Indigo BCFG
- 4:30p – 6:00p**     **PS-04b Parallel Session: Strategies and Tactics in the Complex Pain Patient**  
4:35 pm – “Multimodal Systemic Analgesia: Getting Bang for Your Buck”  
Speaker: Ellen Soffin, MD, PhD  
Room: Indigo DH
- 4:30p – 6:00p**     **WS-16 Hands-On Workshop: Blocks for Shoulder/Clavicle/Humerus**  
Interscalene / Superior trunk / Superficial cervical plexus / Supraclavicular BPB / Intercostobrachial / High thoracic ESP / phrenic-sparing blocks  
Associate Faculty: Ansara Vaz, MD  
Room: Sapphire I&M

# Day 2: Friday, March 22nd, 2024, continued

- 4:30p – 6:00p**      **IS-04 Ask the Experts Interactive Session: Navigating the Economic Landscape of Regional Anesthesia and Acute Pain Medicine**  
"Designing an Efficient Regional Anesthesia and Acute Pain Service"  
Speaker: Jiabin Liu, MD, PhD  
Room: Aqua BC
- 4:30p – 6:00p**      **MP-08a Moderated ePoster Session**  
Moderator: Stavros G Memtsoudis, MD, PhD  
Room: 202 A
- 4:30p – 6:00p**      **MP-08b Moderated ePoster Session**  
Moderator: Christopher Wu, MD  
Room: 202 B
- 6:00p – 7:00p**      **Meet and Greet for Fellowship Directors and Trainees**  
Host: RAFDA  
Room: Indigo Ballroom

# Day 3: Saturday, March 23rd, 2024

6:30a – 7:45a

## **RAFDA Spring Breakfast Meeting**

Host: RAFDA; [For fellowship directors only.](#)

Room: Aqua BC

6:45a – 7:45a

## **Diversity SIG Breakfast Meeting**

[Open to SIG and non-SIG members but pre-registration is required.](#)

Host: Diversity SIG

Introduction: Uchenna Umeh, MD & Kethy Jules-Elysee, MD

Diversifying the workforce: Stephen Haskins, MD

Room: Sapphire 410

8:00a – 9:30a

## **PS-05a Parallel Session: Optimizing Patient Safety in Regional Anesthesia**

8:00 am – Best of Patient Safety Award Podium Presentation: “Is Spinal Anesthesia Safe in Patients with a History Of Guillain-Barré Syndrome Undergoing Orthopedic Surgery?”

Presenter: Bao-Michael Tra, MD

Room: Indigo BCFG

8:00a – 9:30a

## **MP-09a Moderated ePoster Session**

Moderator: Jiabin Liu, MD, PhD

Room: Indigo 202 A

8:00a – 9:30a

## **MP-09b Moderated ePoster Session**

“Does Regional Anesthesia Impact the Frequency and Timing of Fasciotomy Following Surgical Repair of Lower Leg Fracture; a National Database Analysis”

Co-authors: Alexander Stone MD, Alex Illescas MHA, Haoyan Zhong MPA,

Jashvant Poeran MD, PhD, J Smith , Stavros G Mementsoudis MD PhD,

Jiabin Liu MD PhD

Room: Indigo 202 B

8:00a – 10:00a

## **WS-17 Hands-On Workshop: Complementary Pain Management: Acupuncture / Medical Hypnosis**

Lead: Stephanie Cheng, MD

Faculty: Meghan Kirksey, MD, PhD

Room: Sapphire A&E

9:30a – 10:00a

## **EXP-11 Non-moderated ePoster Session**

“Anesthesia use and trends among primary versus revision hip and knee arthroplasty procedures”

Co-authors: Alex Illescas MHA, Haoyan Zhong MPA, Jashvant Poeran MD PhD,

Crispiana Cozowicz MD, Lisa Reisinger MD, Jiabin Liu MD PhD,

Stavros G Mementsoudis MD PhD

Location: Exhibit Hall (screen 4)

# Day 3: Saturday, March 23rd, 2024, continued

**10:15a – 11:45a**    **PS-06b Parallel Session: Spinal Anesthesia – Best Practices**  
11:05 am – “Relative Contraindications to Spinal Anesthesia – A Guide to Decision-Making”  
Speaker: Ellen Soffin, MD, PhD  
Room: Indigo DH

## *Special Event*

**12p – 1:30p**    **Excellence in ASRA Pain Medicine Awards Luncheon**  
12:40p – **Gaston Labat Award & Lecture:**  
“Regional Anesthesia and Outcomes: Past, Present, and Future”  
Award Recipient: Christopher Wu, MD  
Room: Indigo BCFG

**1:45p – 3:15p**    **WS-21 Hands-On Workshop: Managing Acute Complications in Regional Anesthesia: Clinical Simulation Training**  
Faculty: Christopher Tanaka, MD  
Room: Sapphire A&E

**1:45p – 3:15p**    **PS-07a Parallel Session: “Hocus – POCUS” – Bringing the Magic of Point-of-Care Ultrasound to Life (A live Demo Session)** 2:45 pm – “A case scenario-based presentation and live demo to illustrate the utility of POCUS in scenarios where the fields of RA and POCUS intersect”  
Speaker: Stephen Haskins, MD  
Room: Indigo BCFG





# HSS

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